



**BRIEF THERAPY SOLUTIONS**  
*Managing Challenges Collaboratively*



*Dr. Steven Walker (Brief Therapy Solutions) in partnership with Community Links Wollondilly.*

# ***Managing Challenging Behaviours Collaboratively***

## ***8 Session Parent Workshop***

### **What will you learn?**

- **Child development and the relationship to seriously challenging behaviours**
- **You will consider the influence of the child, parent and the environment in the development of challenging behaviours over time.**
- **Looking for and identifying lost skills in AD/HD, ODD and CD. What's behind the behaviour.**
- **Parents can be partners in managing a child's challenging behaviour.**
- **Strategies to reduce outbursts and to teach new skills to your child.**
- **You will have the opportunity to think about your challenging child in a different light.**
- **You will find out that you're not alone.**

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| <p style="text-align: center;"><b>Where?</b><br/> Narellan Health Centre<br/> Queen Street, Narellan<br/> <u>These workshops are not for service providers.</u></p> | <p style="text-align: center;"><b>When?</b><br/> Every Thursday For 8 weeks<br/> 10:00 am—12:00am<br/> Thursday 16th February 2012 and every Thursday morning until 5th April 2011</p> |
| <p><b>Cost? Gold coin donation for morning tea.<br/> Child Minding? None available.</b></p>   | <p style="text-align: center;"><b>Contact for registration?</b><br/> Wollondilly Community Links<br/> Ph. 46832776</p>   |

**For parents who may have children diagnosed with ADHD, Oppositional Defiant Disorder (ODD) Conduct Disorder (CD) or disruptive behaviour.**