



The SAge-ID Study

These pages tell you about the SAge-ID study so you can decide if you want to be in it.



What's it about?

The study is about what life is like for people with intellectual disability as they get older.

We are doing the study because we want to know more about:

- What things help people to stay healthy and happy as they get older.
- What services older people with intellectual disability need.
- What services their family members need.

Who can be in the study?

People can be in the study if they:

- Are 40 years or older
- Have someone who knows them well who can answer questions about them.
- Live in or near Randwick, Botany or Rockdale (the postcodes are: 2018, 2019, 2020, 2021, 2031, 2032, 2033, 2034, 2035, 2036, 2052, 2205, 2207, 2208, 2216, 2217, 2218, 2219).



What do I get if I am in the study?

If you are in the study, you will get a \$25 gift voucher from Coles/Myer



What if I don't want to be in the study?

That's OK. You don't have to be. It's up to you to choose.

How can I join the study? Or find out

THE UNIVERSITY OF NEW SOUTH WALES | MONASH University | LA TROBE

Expression of Interest for the SAge-ID study

If you are interested in participating in the Successful Ageing and ID study, or want some more information about the study, please complete this form and return it to us in the reply envelope. Once we receive this form, we will contact you to get any more information about the study and answer any questions you might have. The call will take around 5 minutes. Please indicate the best times we might be able to call you in a separate communication. The information you give us will be treated as confidential. If you have any questions, you can call the study coordinator on 020 3282 1234.

Please send me more information about the SAge-ID study.

more?

If you want to know more about the study, or think you might want to be in the study, fill out the form called 'Expression of Interest for the SAge-ID Study', or get someone to help you fill it out.

Once you send us the form, we will call you (or the person you list on the form), to talk about the study.



Or, if you want to talk to us first, you can call us on **(02) 9385 3993**.

What happens if I decide to be in the study?

There are 3 parts in the study. Everyone in the study does part 1. Some people will want to do part 2 as well, but others won't. Some people will want to do part 3 as well, but others won't. It's up to you to decide.

Part 1. The Survey.

Someone who knows you well will answer some questions about you.

The questions are about:

- What you can do for yourself
- What you might need help with
- What sort of things you do now (like hobbies or work or things you enjoy)
- What sort of things you did when you were younger
- Your health
- How well you remember things



Part 2. The visit

You choose if you want to do this part.

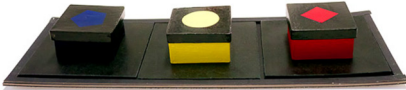


If you want to do part 2, then you come to our office for a visit. When you come you will see either Kate or Liz.

At the visit, we will do things like:



Check how healthy you are



Play some games that test your memory, and how well you understand some words.



We will take some breaks. At the breaks we will give you tea or coffee or juice, and biscuits.



What if I don't want to do the visit?

That's OK. You don't have to. You will still get the \$25 voucher.

Part 3. You can do more if you want to.

You choose if you want to do these parts.

Blood test.

After the visit, we might ask you to have a blood test. We will come with you for the blood test.



What if I don't want to have the blood test?

That's OK. You don't have to, even if you do the visit. You will still get the \$25 voucher.

Brain scan.

Some people (not everyone) will be asked if they want to have a brain scan.

What if I don't want to have the brain scan?

That's OK. You don't have to, even if you do the visit and even if you do the blood test. You will still get the \$25 voucher.



What happens after the study is over?

We hope the study will help us to know more about:

- how to help people with intellectual disability to stay healthy and happy as they get older.
- what services older people with intellectual disability need.



We hope it can help older people with intellectual disability in the future.