

Are you a carer with limited or no computer skills? Would you like to learn?

Carers NSW is running workshops to cover the skills needed to access the internet and to use email, so that carers can access information relevant to their caring role.

The workshop is free.

There are no pre-requisites and you don't need to have a computer to apply. Carers NSW provides laptops and wireless connection to the internet for the participants.

Carers NSW has an IT van and will bring this service to you.

There are 8-10 participants per workshop and topics include:

- Using basic computer equipment
- Introduction to the internet
- Using the Internet effectively
- Setting up an email account
- Email communication

Workshops can be booked from now until the end of June 2012. Mondays, Tuesdays and Wednesdays are available for bookings.

There are still many days available at this stage for interested groups to book a Workshop session, **so get connected and call us now** at itoutreach@carersnsw.asn.au or speak to Warwick or Jamie on 9280 4744.

