



**Carers NSW Survey 2010  
and Focus Group Consultations**

**Final Report October 2010**

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ISBN 1 876637 03 X

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**Appendix 1 Dataset 1 by Carer population groups**

- Demographics
- Caring situation
- Income
- Wellbeing
- Formal services
- Advocacy

**Appendix 2 Dataset 2 Extra sets for total sample**

- Income & financial situation vs Length of caring role
- Level of support needed by care recipient
- Wellbeing
- Communication/IT
- Advocacy

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# Carers NSW Survey 2010 and Focus Group Consultations

## 1. Executive Summary

Carers NSW periodically surveys its members, and in this survey and the Carers NSW 2008 Survey included opportunities for non member carers and organisations to also respond to the survey.

The Carers NSW 2010 Survey and focus group consultations provided a great deal of valuable information about carers. This data has already been used to inform the Carers NSW 2011/2012 NSW Budget Submission and the 2011 NSW Election Strategy, and it will continue to inform Carers NSW policy work.

The design of the Carers NSW Survey 2010 was a paper-based questionnaire with mainly quantitative questions. Friend of Carers NSW Professor Michael Fine from Macquarie University provided expert advice on the questionnaire design.

The questionnaire was posted to members and to stakeholders for distribution to non members, and a web-based online survey was also open to the public on the Carers NSW website. The final sample size was 854 (response rate 21.4%) with a high representation from regional and rural NSW (45.3%), and 121 questionnaires completed online.

This response rate is an increase over the Carers NSW Survey 2008 with 654 responses and 84 of these were online. There was also a rise in the proportion of respondents from a culturally and linguistically diverse (CALD) background. The response rate from Aboriginal carers remained the same (1.8%).

The majority of carers that responded to the 2010 survey were female, with only one fifth of respondents male. The median age of respondents was 59 years old. Male carers tended to be much older than female carers. There were 15 Aboriginal and 140 CALD respondents. Just over half of carers were from urban/metropolitan areas while one third of respondents were from regional areas. Only a small number were from rural/remote areas.

### Key findings

- Approximately 40% of the total sample report that their caring role *always* or *often* causes financial difficulties
- More than half of carers reported that they *always* or *often* coped well in their caring role
- Half of carers say that their caring roles *always* or *often* have a negative effect on their emotional health
- Almost one fifth of carers felt that their caring role *always* had a negative impact on their physical health, while one quarter believed it *often* had a negative impact
- Over half of respondents reported that they *always* have a good relationship with the people they care for but almost half find it *always* demanding to care
- One third of respondents *rarely* or *never* felt appreciated as a carer
- Over one quarter of carers do not access formal services at all – and the key reason why is that they *do not know* where to find services
- 82.4% of the respondents think that one of the most difficult parts about being a carer is the uncertainty about the future for the person they provide care for, especially for carers of children
- Better financial support, recognition from government and more support from formal services were the most frequent suggestions for what would make caring easier

- The single most important issue that carers would like the NSW Government to focus on is more funding for respite.

Comparing the responses from different carer groups revealed that carers of child/ren under the age of 18 and Aboriginal carers were at a significant disadvantage, being more likely to report financial difficulties, as well as difficulties in relationships and coping with their caring role.

Female carers generally reported faring worse than male carers, as they were more likely to report that their caring role had a negative impact on their health and caused them financial difficulties. Male carers were more likely than females to feel appreciated as a carer and supported by formal services.

Focus group consultations were conducted to hear from 'hidden carers' including carers who live in remote and regional NSW, working carers and carers from CALD backgrounds.

The focus groups asked carers about their experiences as a carer as well as what they would like the government to provide for carers. All three groups were concerned about lack of services and information. They also believed that politicians were out of touch with the lives of carers and wanted to be consulted by government about decisions that affect them. In addition, working carers were particularly concerned about respite, dealing with Centrelink and making it easier for carers to work. CALD carers were concerned about the need for more and better trained hospital staff, as well as accountability for funding and services. Rural and regional carers were concerned about the lack of services in regional areas.

These studies have provided valuable insights into carers' issues and opinions. However, Aboriginal carers and young carers are under-represented in this study, although the data collected about Aboriginal carers is significant.

This survey, together with the *Carers NSW newsletter and website survey 2010*, collected information about member's web and internet connectivity and use and this data will guide Carers NSW's development of its electronic communication with members and other stakeholders.

Several important reports have been released since this survey was undertaken – the *2008 Community Care Census* (Australian Government Department of Health and Ageing); *Inquiry into services provided or funded by the Department of Ageing, Disability and Home Care* (NSW Government); and the *Mental Health Carers Report 2010* (Mental Health Council of Australia) and further analysis of data collected in the Carers NSW 2010 Survey with the findings and recommendations in these reports is expected to find similarities in carers' experiences, as well as new information for policy and program direction.

Carers NSW would like to thank the carers who contributed their valuable time to complete and return the questionnaire, service providers and other organisations for their participation in the survey and the volunteers who assisted Carers NSW Project Officer Carin Bertmar with the lengthy data entry process.

## **2. Previous Carers NSW surveys**

Carers NSW has conducted surveys among its members every second year since 2002 (with the exception of 2006).

## 2.1 Previous Carers NSW surveys

- Membership Survey 2002: questionnaire sent out with *Carers News*, 185 carers responded. Main purpose: to find out which priority issues members believed Carers NSW should focus on.
- Membership Survey 2004: questionnaire was sent out with *Carers News*, 466 responses. Main purpose to find out how carers can be provided with better support and recognition.
- Carers NSW *Carers News* Survey 2007: questionnaire was sent out with *Carers News*. 570 members returned a completed questionnaire. Three aims of the survey: 1) to find out why carers had joined Carers NSW; 2) what benefits the members felt they had gained from their membership; 3) how members felt Carers NSW could serve them better.
- Carers NSW Survey 2008: questionnaire was sent out to members via mail, carers support groups and 50 surveys were distributed among participants at a Carer NSW “Carers Awareness Training” workshop held at NSW RailCorp (in an attempt to reach carers who were not members of Carers NSW). The survey was also accessible on Carers NSW website. 654 responses were received (84 online). The survey’s main purposes were to extend the demographic data of carers in NSW with information about their roles as carers and gathering both quantitative and qualitative data to inform Carers NSW 2008/2009 Budget Submission.

## 2.2 Carers NSW Survey 2008 recommendations

- Further investigation into demographics as a majority of respondents to the Carers NSW Survey 2008 were 65 and older.
- Aboriginal: only 12 Aboriginal carers responded to the 2008 survey. It is estimated that there are approximately 10,600 Aboriginal carers in NSW (ABS, 2008b). A strategy to reach these carers needs to be developed.
- CALD: 81 carers from this group responded which is reflective of this group’s membership in Carers NSW. It is estimated that there are 186,000 carers from CALD backgrounds (MDAA, 2007). A strategy to reach these carers needs to be developed.

## 3. Aims and objectives of Carers NSW Survey 2010

The general objective of the research project was to gather data from carers in NSW, to inform the Carers NSW 2011 NSW Election Strategy and the Carers NSW 2011/2012 Budget Submission.

Carers NSW also sought to enlarge the sample to include non-members and hidden carers (people who are carers but do not recognise themselves as such, carers who due to stigmatisation do not access formal services or carers who live in remote areas and therefore do not access formal services) to enable a better representation of all carers in NSW. Specific population groups of carers were targeted in the focus group consultations undertaken in conjunction with the survey research.

The research questions were:

- Carers demographics: age, living situation, socioeconomic status, etc.
- Carers financial situation: income levels, has caring caused any financial burden?
- Carer support situation: do they receive any support from formal services.
- Carers emotional situation: do they feel supported in their role as carers?
- Carers and their access to information technology.
- Carers NSW advocacy work: how can NSW government better support carers?

## **4. Survey Methodology**

### **4.1 Survey design**

The bulk of the data was collected by a paper format questionnaire similar to the Carers NSW Survey 2008 questionnaire. An online survey version was developed by Techsupply and was available via the Carers NSW website. (For future surveys, a down-loadable and printable questionnaire to complement the online version is recommended.)

Forty-six questions were developed, some similar to the Carers NSW Survey 2008. Only two open-ended qualitative questions were included and data from these questions has been transcribed word for word into PASW (for further use in Carers NSW's policy work) and it has been categorised into different key areas and themes.

Friend of Carers NSW Associate Professor Michael Fine of the Department of Sociology, Macquarie University, was consulted on the design and content of the questionnaire.

To ensure a higher response rate from CALD carers the *Carers NSW Survey 2008 Final Report* recommended that future questionnaires be translated into common minority languages. (Based upon CALD carers responses in the Carers NSW Survey 2008 the main languages are Cantonese, Greek, Italian, Spanish.) Due to limited resources this was not feasible so the questionnaire was developed into simplified English.

In addition to the questionnaire, focus group consultations were conducted among specific carer population groups. See Section 7 for further information.

### **4.2 Data collection and sampling**

Four thousand questionnaires were mailed to Carers NSW members over the age of 18 (from the Carers NSW membership database and the young carer database) and to stakeholders for distribution to their networks, together with a prepaid envelope to facilitate their response. All respondents were asked to return the form by 23 August 2010.

An online version of the questionnaire was available via the Carers NSW website. In addition, members of the Strategic Carers Action Network and a number of stakeholders were contacted and asked to post information and a link to the web survey on their websites (e.g. AIDS Council of NSW (ACON), Alzheimer's Australia NSW and NSW Consumer Advisory Group - Mental Health).

The sample is not representative of all carers in NSW in strict statistical terms since random sampling was not possible. However, for the purpose of this survey, i.e. to gather information about cares to assist Carers NSW advocacy work; it can be argued that the sample is representative of members of Carers NSW over the age of 18. It is important to keep in mind that there might be some selection bias in the sample because carers who have responded to the survey might be more inclined to answer these types of questions due, for example, to their socioeconomic and cultural backgrounds.

### **4.3 Data recording and analysis**

All in all, 854 respondents (n=854) were included in the data analysis, which is a 21.4% response (compared to 21.8% in 2008). 762 questionnaires were returned by mail of which 23 were excluded (9 of the respondents care recipients had passed away, 5 responses were from paid carers and 9 questionnaires were received after the extended cut-off date of 6 September 2010). In addition 115 respondents completed the online survey.

The data input into PASW was done via an online interface based upon the web survey. A separate version of the web based survey was established it was accessible from several

workstations simultaneously to facilitate data entry. Seven people assisted with the data input. The risk with several 'data entry clerks' is that different people interpret qualitative data differently. To ensure consistency open-ended questions were recorded in full and categorising of this data was done by one person.

The data was analysed using PASW and presented in Excel spreadsheets for clarity. Most of the data has been broken down into the following carer population groups:

1. Males (n=162), Females (n=685)
2. CALD (n=140), Aboriginal (n=15)
3. Carers between the ages of 18-24 years (young carers) (n=26)
4. Carers between the ages of 35-54 years<sup>1</sup> (n=277)
5. Carers caring for someone with a Physical disability (368), Intellectual disability (n=266), Mental Health issue (n=162), Dementia (n=157)
6. Carers caring for own child under the age of 18 (n=164), over the age of 18 (n=230)

Please note that most of these sub-samples are not mutually exclusive, i.e. the same respondent may belong to one of several sub-samples.

The following data output sets, based on frequency distributions and cross tabulations, are attached to this report:

**Dataset 1 by Carer population groups – see Appendix 1**

Demographics  
Caring situation  
Income  
Wellbeing  
Formal services  
Advocacy

**Dataset 2 Extra sets for total sample – see Appendix 2**

Income & financial situation vs Length of caring role  
Level of support needed by care recipient<sup>2</sup>  
Wellbeing  
Communication/IT  
Advocacy

Frequencies distributions for each question in the questionnaire are collated in separate excel workbooks per question for future use by Carers NSW, but are not included in this report.

To enable comparison across different population groups, output data is presented as valid percentages<sup>2</sup>, i.e. the percent is calculated by dividing the number of respondents by the total number of actual cases – or respondents – per question (i.e. only the carers who have excluded). The response rates to individual questions are quite close to 100% for the majority of the data, with some exceptions. For example, Questions 11 and 12 about carers weekly income where the average response rate was 75% and 70%; Question 39 "...single most important issue that you would like the NSW Government focus on" where the response rate was 78% because all answers where participants have ticked more than one alternative have been excluded.

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<sup>1</sup> This group of carers was identified to cater for both intergenerational carers and elder carers, however in this analysis it has not been possible to run the data with these additional criteria.

<sup>2</sup> Furthermore, some cross tabulations in PASW only calculate valid percentages (e.g. multiple response questions).

#### **4.4 Enticements**

Carers NSW did not use enticements to motivate carers to participate in the survey. This was to ensure that the administration of returned questionnaires and respondents' personal data did not conflict with the confidentiality aspect of the survey.

#### **4.5 Ethical issues**

Carers under the age of 18 might need consent from their parents depending on the nature of questions being asked. However, in most cases the parents are care recipients and might not be capable of giving consent. At the time of the survey in 2008 Carers NSW chose to exclude carers under the age of 18 due to this, and to eliminate mandatory reporting to Community Services, Department of Human Services NSW should information provided require this.

This concept was followed in the Carers NSW 2010 Survey as well and members under the age of 18 were excluded.

### **5. Comments from data analysis**

The following observations were made during the data analysis in PASW. Please note, that it cannot be stated that the below differences between carer population groups are statistically significant since this analysis has not been conducted. Also, some sub-samples are not mutually exclusive. Only observations which stand out from the norm have been commented on.

#### ***Education level and work***

32.1% of CALD carers and 34% of carers to child/ren under the age of 18 have a bachelor degree or above, which is higher than for the other population groups (except as expected for working carers 40.3%). 58% of CALD carers and 34.4% of carers to child/ren under the age of 18 do not work.

#### ***Homeownership or living situation***

Carers between the age of 35 and 54, working carers and carers to child/ren < 18 (< = less than) all have low rates of home ownerships (without mortgages) compared with other population groups (24.3%, 37.3% and 17.2% compared with 50.9% for the total sample). This suggests that these carers have a financial burden which is greater than other carers which probably will be prevalent on a long term basis. Aboriginal carers also show a low homeowner rate (20%).

#### ***Financial situation***

98.2% of carers have answered that their caring roles have resulted in additional financial costs in one or several areas. The most common additional costs are for medicines, ranging from 64.3% to 82.2% across carer population groups, followed by travel costs. 79.1% of rural carers and 78.6% of Aboriginal carers say that they have had additional costs for travel. 81% of carers to child/ren < 18 and 71.4% of working carers indicated that their caring roles have resulted in indirect costs, e.g. loss of income and superannuation. And, 62.6% of female carers say they have had indirect costs, compared with 37.1% of male carers.

58.3% of the total sample of carers have answered that they have had to borrow money because of their caring roles. Every Aboriginal carer (15 carers), 60.8% of rural carers and 79.2% of carers to child/ren < 18 also indicated that they have had to borrow money. There is also a gender difference, with 61.2% of female carers having had to borrow money, compared with 45.8% of male carers.

So, maybe because of carers' family and friends' willingness to lend them money 61.5% of the total sample of carers have not had trouble paying for basic items, e.g. electricity, groceries etc. Across carer population groups, the majority indicated that they have been able to pay for basic items; with Aboriginal carers and carers to child/ren < 18 being exceptions, 84.6% and 60.5% respectively have had trouble paying for basic items.

### ***Caring situation***

The majority of carers care for one person (77.6%). More than a quarter of Aboriginal carers, and carers caring for child/ren < 18 and > 18 (> = less than) care for two people. 14% of Aboriginal carers and 11.6% of carers of child/ren < 18 care for 3 people.

35.4% of the total sample do not have anyone who can step in to care if they get ill. 43.9% of male carers, 40.9% of dementia carers and 40.9% of mental health carers indicated that they do not have anyone who could help them.

42.2% of all carers said that there is no one to take over their caring role if they need a break. Looking at specific population groups, 49.6% of CALD carers and 49.0% of male carers do not have anyone who could help them if they need a break.

### ***Different aspects of Wellbeing and Recognition***

60.5% of the total sample report that they *always* have a good relationship with the people they care for but 47.9% also *always* find it demanding to care. In comparison 48% of young carers report that they *always* have a good relationship with the care recipient and 28% *always* find it demanding to care. Male carers have a better relationship with the carer recipient (70.2%) than do female carers (58.2%).

42.1% of the total sample report that they *often* cope well in their caring role. But at the same time 35% say that their caring roles *often* have a negative effect on their emotional health. The majority of carers caring for child/ren < 18 report that they *sometimes* cope well (51.6%) and 49.1% thinks their caring role *often* has a negative effect on their emotional wellbeing.

42.9% of Aboriginal carers and 31.9% of carers of child/ren <18 report that they *always* experience difficulties in their relationships with friends. 21.1% of the total sample of carers report that their caring role *always* creates difficulties.

38.7% report that their physical health *sometimes* suffers from caring. Male carers report a lower degree of effect on their physical health (28.9%) than female carers (40.9%).

On average 12.8% report that their caring roles *never* cause difficulties in their relationships with other family members. 25.9% of male carers *never* have any difficulties compared with female carers where 9.8% *never* have any difficulties with other family members.

Approximately 40% of the total sample report that their caring role *always* or *often* causes financial difficulties. The number for carers of child/ren <18 is 62.8% and Aboriginal carers 64.3%.

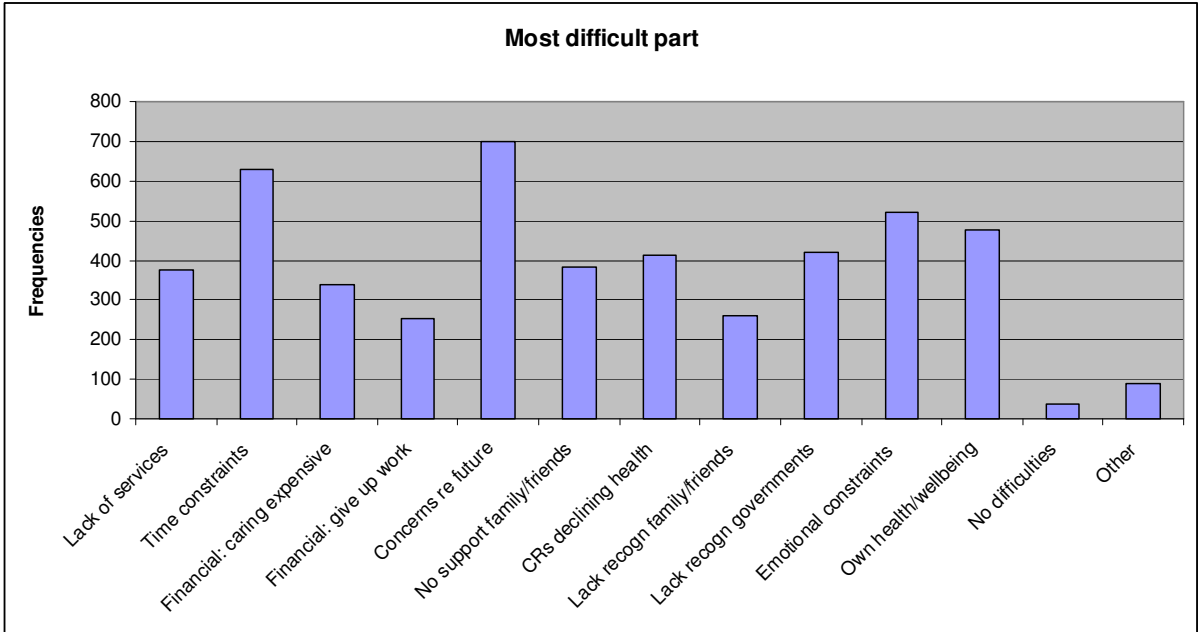
30-40% of carers across population groups feel that they *sometimes* are supported by friends and neighbours in their roles as carers. However, 44% of young carers say they *never* feel supported.

25-30% on average of carers across population groups *rarely* or *never* feel supported by formal services. But 20.9% of male carers *always* feel supported, compared with 11.6% of female carers and none of the young carers.

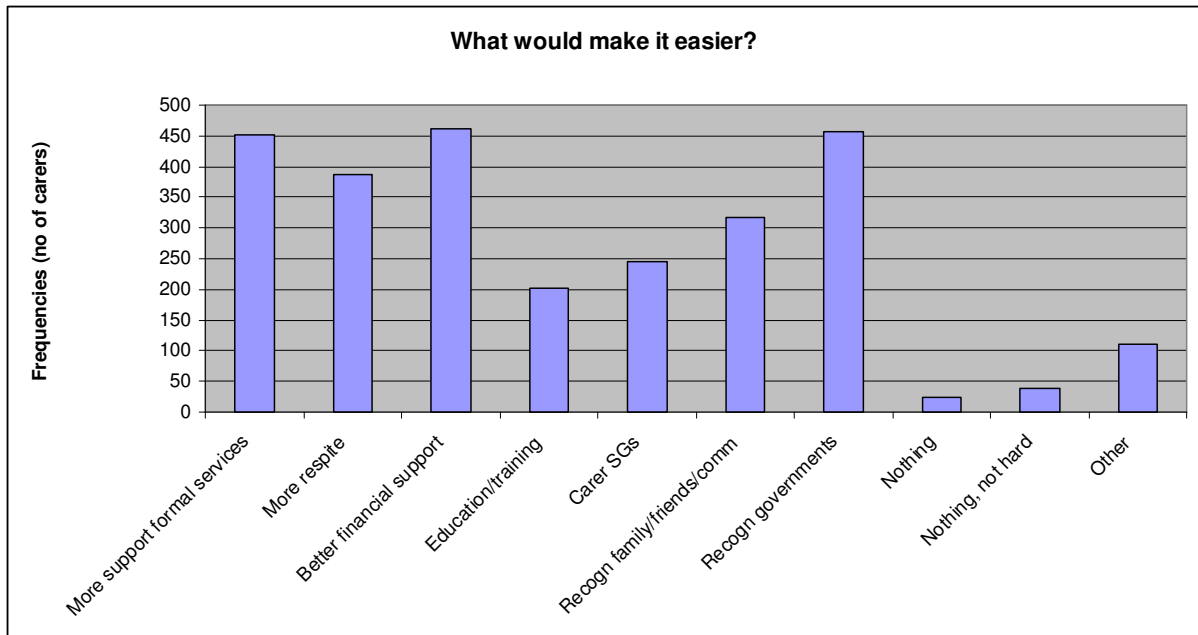
32% of the total sample *rarely* or *never* feels appreciated as a carer. What stands out is that 53.3% of Aboriginal carers, 41.5% of carers to child/ren <18 and 43.7% of working carers *never* or *rarely* feel appreciated as carers. This is in comparison with male carers who in 20% of cases *rarely* or *never* feel appreciated. And, 36.5% of male carers say that they *always* feel appreciated compared with 13.6% of female carers.

**Concern about the future**

82.4% of the respondents think that one of the most difficult parts about being a carer is the uncertainty about the future for the person they provide care for. 91.5% of carers to child/ren <18 and 92.1% of carers to child/ren > 18 are worried about the future. In comparison, carers of care recipients with dementia still have significant concerns about the future but this is less as 73.1% of these respondents are concerned about the future. Other areas which carers believe are the most difficult parts of being a carer are included in the following graph.



To the question “What would make your role as a carer easier or better?” the total sample of carers responded as shown in the graph below.



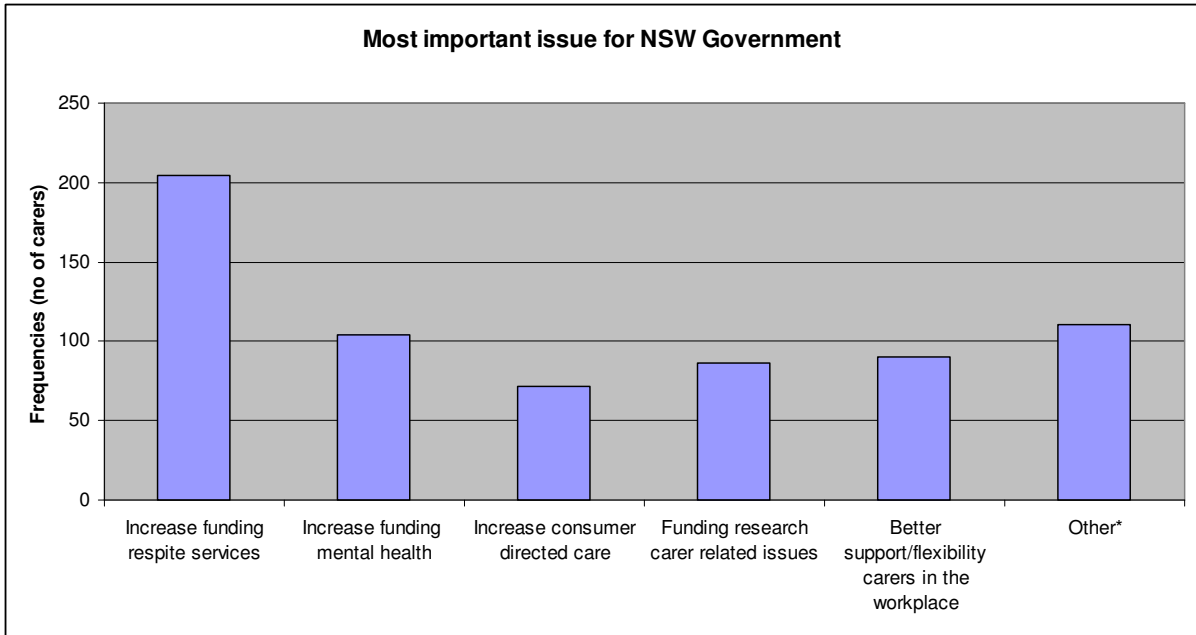
### **Formal services and Supported accommodation**

28.7% of carers do not access formal services at all. Among the specific population groups Aboriginal carers (35.7%), young carers (44%), working carers (35.2%), carers to child/ren >18 (37.5%) and mental health carers (41.4%) do not access formal services. The major reason behind why carers do not access formal services is that they *do not know* where to find services (35.6%) with almost half of Aboriginal carers and carers to child/ren <18 and >18 saying that this is the reason.

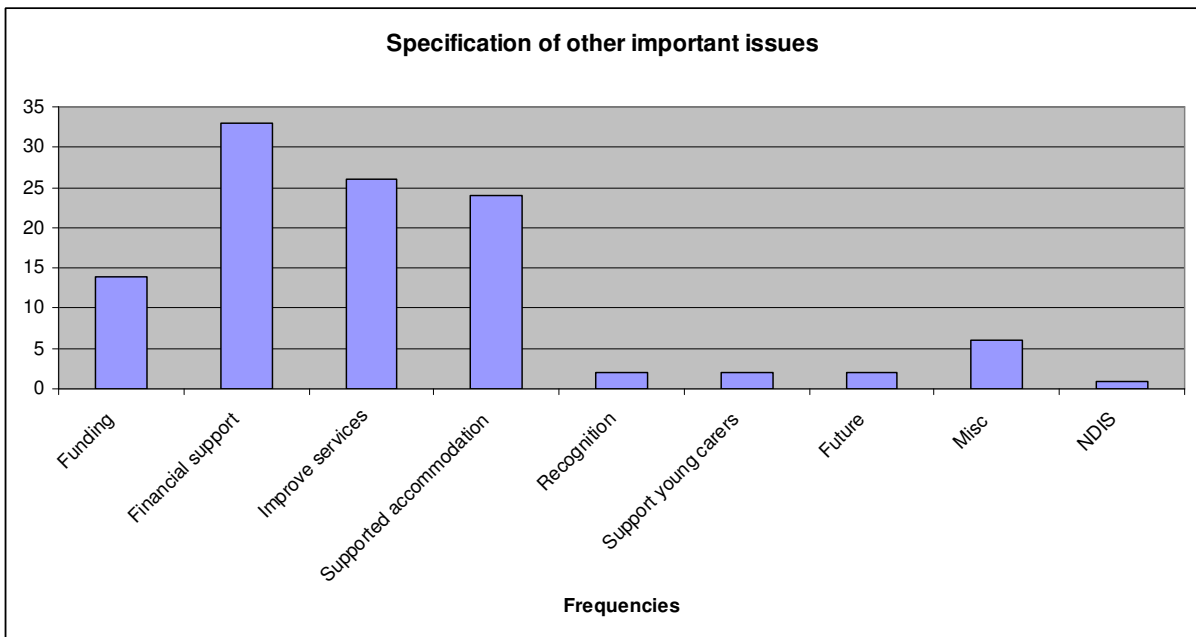
5% of care recipients live in supported accommodation and 6.1% of care recipients are on a waiting list. 13.5% of care recipients who are child/ren > 18 are waiting to move into supported accommodation; only 3.7% already live in supported accommodation. The survey did not ask respondents if, had they had a free choice, would the care recipients choose to move into supported accommodation, and this could be a consideration for future surveys.

### **Advocacy**

The single most important issues that carers would like the NSW Government to focus on are (noting that carers could provide one response only):

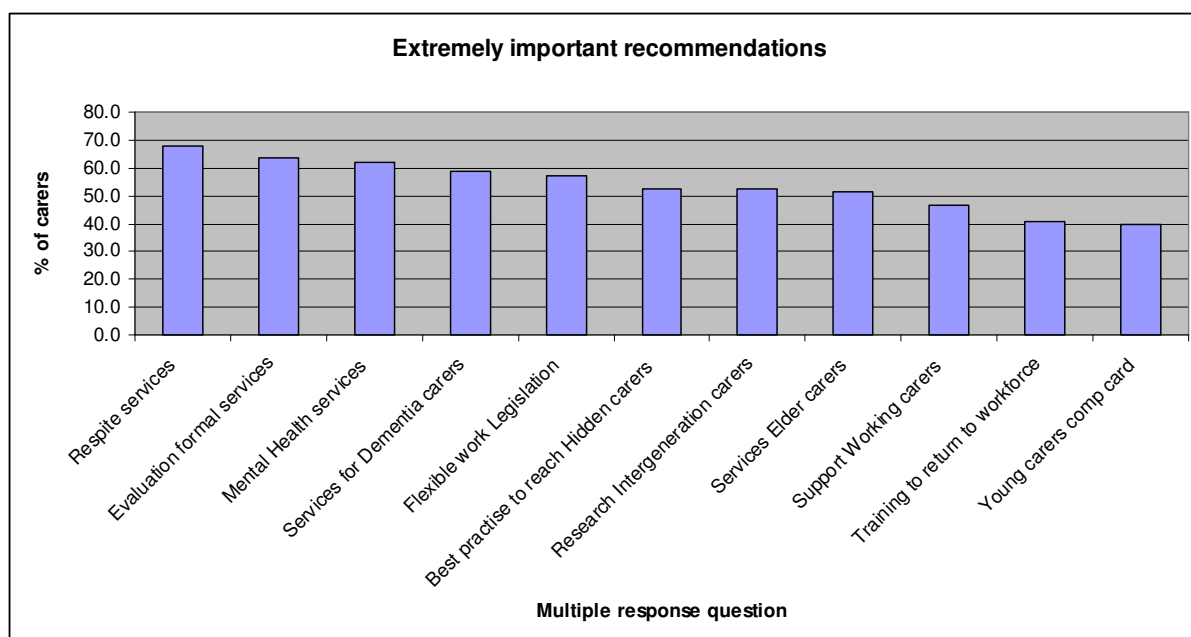


Other important issues for carers are included in the following graph.



The only discrepancies to the above pattern are young carers and mental health carers who identified that increased funding for mental health is the most important issue. (Please note that this question had a low response rate of 78% because many respondents had misread the question and “ticked” more than one issue and their responses were therefore disregarded.)

Regarding Carers NSW’s previous recommendations to the NSW Government many carers thought all recommendations were equally important. See the graph below.



Across carer population groups 70.5% of rural carers think evaluation of formal services is the top priority and young carers think the Young carer card (76%) and change to working legislation to cater for flexible work arrangements (76%) are the most important recommendations. As expected 65.7% of working carers see changing the legislation to better support employed carers to be extremely important.

#### Conclusion

One conclusion to be drawn from the above observations is that carers to child/ren <18 stand out as a group that might be extra vulnerable due to higher emotional and financial stress. However, their household's income levels are slightly higher than the total sample, maybe because this group have a higher socioeconomic status, and, or, the care recipients have an income such as the Disability Support Pension. Thus, it is necessary to further examine these figures to have a clearer picture of these carers' situations.

## 6. Data comparison with Carers NSW Survey 2008

	<i>Carers NSW Survey 2008</i>	<i>Carers NSW Survey 2010</i>
Total sample size (n)	654	854
Responses to online survey	84	115
Overall response rate	21.8%	21.4%
Gender	Female 80% Male 20%	Female 81% Male 19%
Age (mean)	n/a <sup>1</sup>	57.8
CALD	12.4%	16.6%
Aboriginal	1.8%	1.8%
Geographic area	Urban 51.3% Regional/rural 44.5%	Urban 51.3% Regional/rural 45.3%
Member of Carers NSW	87%	83%

<sup>1</sup> Age was recorded into age groups in PASW and it was therefore not possible to calculate mean age.

One thing to note here is the higher response rate from CALD carers in the Carers NSW Survey 2010 compared to 2008. Also, the response rate from non-members was higher in the 2010 survey. Both of these numbers suggests that the distribution of the Carers NSW Survey 2010 was successful in reaching more CALD carers and carers who are not currently members of Carers NSW. This enlargement of the sample was one of the aims of the Carers NSW Survey 2010.

## **7. Focus Group consultations**

### **7.1 Design and logistics**

Our aim was to conduct focus group consultations with carers from different population groups to inform the Carers NSW 2011 election strategy. Five different population groups were identified and targeted: working carers, rural/regional carers, CALD, Aboriginal and GBLTI carers. Different strategies were employed to reach carers in the different groups. In addition an open invitation to participation in the consultations was posted on the Carers NSW website.

A separate set of questions and a short questionnaire regarding demographic data was developed. Consent forms and demographic questionnaires were mailed to rural and regional carers together with prepaid envelopes. For the other consultations these documents were distributed, signed and collected before the start of the session. Note taking as well as tape recording of the consultations ensured proper recording of the discussions.

Participating carers were given a \$40 debit card at the completion of the focus group consultation. For the rural and regional carers a thank you card was sent together with the debit cards.

### **7.2 Targeted carer population groups**

#### **Working carers**

Carers NSW, in conjunction with RailCorp and the State Library, organised a consultation with working carers. Two focus group consultations were conducted, one at RailCorp with three participants and one at the State Library with five participants. The majority of participants were not members of Carers NSW.

#### **Rural/regional carers**

Carers NSW's regional and rural network in NSW was engaged in promoting the consultations, (e.g. Coffs Harbour office). Two telephone conferences were conducted, with a total of 12 carers participating from Uki in the north, to Sunshine Bay in the south, and Wagga Wagga in the west. The majority of participants were members of Carers NSW.

#### **CALD carers**

One focus group consultation was conducted in partnership with St George Migrant Resource Centre at their premises in Rockdale, Sydney. Nine carers participated from a range of different countries of origin. St George Migrant Resource Centre advised us to remove the demographic question about education level and the questions in regards to the election strategy, and this advice was followed. The majority of participants were not members of Carers NSW.

#### **Aboriginal carers**

A number of unsuccessful attempts were made to set up a consultation with Aboriginal carers.

### Gay Lesbian Bisexual Transgender and Inter (GLBLT) carers

To reach this hidden group of carers, Carers NSW sought assistance from the ACON. ACON advertised the focus group consultation on their website, but no responses were received. Carers NSW then contacted a number of GLBTI publications, and some included information regarding the consultation on their websites. No responses were received from carers in this population group.

### 7.3 Focus Group questions

The focus groups consultations were structured and the same questions asked in the different consultations with one exception: the Telehealth question was omitted in the CALD carer consultation. The following questions were asked:

- 1) What are your experiences of formal services?
- 2) Do you use Information Technology as a source of help in your caring role? (For example Telehealth). Do you think it is/could be a helpful tool?
- 3) How can you be better supported in your role as a carer?
- 4) If you could ask a current or future government to provide three things for carers, then what would they be?
- 5) Are there any other issues you would like Carers NSW to address on your behalf with the NSW Government?

### 7.4 Focus Group demographics

<i>Focus Group</i>	<i>CALD</i>	<i>Working carers</i>	<i>Rural/regional</i>
N	9	8	12
Female	100%	62.5%	91.7%
Male	0%	37.5%	8.3%
Age 35-44	22.2%	14.3%	11.1%
45-54	22.2%	57.1%	22.2%
55-64	44.4%	28.6%	33.3%
65-74	11.1%	0%	33.3%

In addition, working carers and rural/regional carers were asked if they would like to be part of Carers NSW's 2011 election work (e.g. send letters to or meet up with local MPs): 4 out of 6 working carers said yes, and 8 out of 9 rural/regional carers said yes. Only 2 out of 6 working carers said that they would be interested in receiving some training to prepare them for advocacy activities, but 8 out of 9 rural/regional carers were interested in receiving training.

### 7.5 Focus Groups outcome

Four consultations with carers from different carer population groups were conducted.

#### Election themes

The following comments were made by carers in the focus group consultations in regards to Question 4 "If you could ask a current or future government to provide three things for carers, then what would they be?".

### **Working carers**

- Better access to respite services: easier access and more availability, more in home care
- Financial planning for the care recipient for the future, post school: someone to help with this planning
- Supported accommodation for the future
- Continuity of care for the care recipient throughout the transition from being a child to becoming an adult at the age of 18 in terms of services access etc
- More post school programs for people with disabilities, more funding for TAFE and employment services.
- Recognition in the workplace that carers leave is not a holiday!
- More flexibility, especially those forms from Centrelink
- Centrelink, it's a nightmare. Better services from Centrelink. More money
- Hospitals need to be better when they send people home, helping families to navigate the system
- Some sort of finality around your rights that is as strong as being a parent. Because in the end looking after someone is almost a parental role, and it's not negotiable, and you need to do it. It seems odd that we have all this stuff about looking after children and we just don't have any formal recognition for looking after the elderly
- To have it run more smoothly. To not have the hassles that you have (at work). Because it impacts on how you feel, which then impacts upon your work and how you function
- People are not aware of the services. We need better information for what you can do
- There is a need for more information. Also the existence of these services make it difficult, it makes people think you don't have to do it

### **CALD carers**

- We need a carer representative who can speak and implement stuff and get things done
- People with hands on experience of caring who understand. Politicians have no idea, they live in their own world
- Driving around in BMWs. We need someone in government who has a person in the family
- Set up groups that really go out and check these places (RAC facilities). These things are in place, it looks good on paper, but...
- Advocates, an independent person, and feed it back
- For the hospitals, better nursing staff. The nurses are straight from training
- Nurses that speak English. Studies at university, they need more practical training
- They [hospitals] are short staffed.
- The funding they [schools] get, no one knows what they get for the money, and where it is utilised. I sat on P&C Committees; the special support teacher was funded for kids with a disability but was used with the mainstream kids as well
- There are poorly trained teachers, my child was so upset, it gets my stomach so angry. Two years down the track she is still settling in. How the hell can you take two years to settle in?
- Take culture into account. People from ethnic backgrounds heading up services
- Emergency respite
- More mental health services in Wollongong, it is very limited, especially for recreational activities. Need actual programs for people with mental illness.
- We also need bilingual counselling, not a translator, a bilingual counsellor. It's very good, but there is a long waiting list for Transcultural mental health

### **Rural and regional carers**

- Funding for carers in regional areas to attend training outside of their area
- More resources in regional areas

- Better understanding of mental health in Mental Health services
- Better supported accommodation (higher quality)
- Employment opportunities
- No private psychiatrists here – people should have a choice – preventative mental health care
- Governments to be accountable
- Governments to “walk in our shoes” and don’t make decisions for us without asking us
- Care plans after discharge of mental health patients need to be followed up, carers need to be involved not just the unwell person (if >18)
- Reliable, adequate and consistent funding
- Active measures to remove discrimination against the disabled
- Self managed funding for one year periods – flexibility regarding how this can be spent
- NDIS – like Medicare, doesn’t matter what sort of disability
- Young people out of residential age care
- The Carer Recognition Bill – what does this mean in reality?

Demographics		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18
		%	%	%	%	%	%	%			%	%	%	%	%	%	%	%
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230
Q1) Gender	Female	81.0	77.1	93.3			80.8	90.6	82.1	78.5	81.8	88.8	77.7	90.6	75.2	83.8	94.4	89.1
	Male	19.0	22.9	6.7			19.2	9.4	17.9	21.5	18.2	11.2	22.3	9.4	24.8	16.3	5.6	10.9
Q2) Age	18 - 24	3.1	0.7	0.0	3.1	3.1			2.0	4.2	5.0	5.3	2.5	3.4	0.0	10.1	1.2	0.9
	25 - 34	2.6	3.6	13.3	0.6	2.9			2.6	2.1	4.0	3.0	2.7	4.2	1.3	1.9	10.5	0.0
	35 - 44	12.3	11.6	6.7	4.3	14.2			13.1	12.0	10.0	22.2	9.6	19.6	3.8	11.9	46.3	3.1
	45 - 54	20.5	21.0	46.7	11.8	22.5			22.7	17.7	19.0	32.7	20.5	26.8	10.2	21.4	34.0	26.5
	55 - 64	28.6	29.0	26.7	25.5	29.4			30.8	25.1	30.0	31.2	26.8	21.9	35.7	28.9	6.8	35.4
	65 - 74	20.6	24.6	0.0	24.8	19.6			17.5	24.7	21.0	5.3	23.6	15.1	27.4	18.9	1.2	22.1
	75 - 84	10.4	8.0	6.7	24.2	7.2			9.0	13.1	9.0	0.0	11.5	8.7	17.2	5.0	0.0	11.1
	85+	1.9	1.4	0.0	5.6	1.0			2.4	1.1	2.0	0.4	2.7	0.4	4.5	1.9	0.0	0.9
	Median (years)	59.0																
Mean (years)	57.8																	
Q3,4) Cultural background	ATSI	1.8			0.6	2.0	0.0	2.9	1.7	1.1	4.0	0.8	2.4	2.7	0.6	1.9	5.0	1.8
	CALD	16.6			19.8	15.9	3.8	16.4	20.5	12.4	9.3	13.5	17.7	16.0	12.8	18.6	16.1	16.5
Q6) Education	Bachelor degree or above	25.1	32.1	26.7	19.3	26.5	7.7	29.6	31.9	17.0	17.0	40.3	22.1	26.4	29.7	20.5	34.0	22.3
	Advanced Diploma/Diploma	16.5	17.1	0.0	16.8	16.5	3.8	22.4	18.0	15.9	12.0	18.3	18.5	18.1	13.5	17.4	21.6	16.2
	Certificate	15.9	12.1	20.0	19.9	15.0	3.8	17.0	13.2	17.3	24.0	13.4	16.9	15.1	16.1	16.1	17.9	13.5
	High school year 12	11.2	12.1	6.7	16.1	10.1	61.5	8.7	11.5	11.7	9.0	9.7	10.4	9.8	7.7	10.6	11.7	10.0
	High school year 10	23.9	15.7	26.7	22.4	24.1	23.1	18.4	18.9	29.7	31.0	16.4	23.4	23.8	21.9	28.6	12.3	31.0
Other	7.4	10.7	20.0	5.6	7.9	0.0	4.0	6.5	8.5	7.0	1.9	8.7	6.8	11.0	6.8	2.5	7.0	
Q7) Geo area	Urban/metropolitan area	54.7	68.1	53.3	51.2	55.6	34.6	59.2				61.9	54.5	56.9	53.2	48.4	60.7	58.1
	Regional area	33.5	25.4	20.0	37.7	32.6	46.2	30.3				29.1	30.4	29.0	37.8	36.6	28.8	28.6
	Rural/remote area	11.8	6.5	26.7	11.1	11.8	19.2	10.5				9.0	15.1	14.1	9.0	14.9	10.4	13.2
Q8) Living	Home owner w/out mortgage	50.9	48.6	20.0	60.5	48.6	3.8	24.3	48.9	52.1	55.0	37.3	52.2	43.6	68.2	39.5	17.2	57.8
	Home with mortgage	20.5	15.9	6.7	8.6	23.2	0.0	40.6	20.8	22.0	16.0	38.1	18.2	28.9	10.2	21.6	44.8	21.3
	Private rental	10.2	9.4	20.0	9.3	10.5	19.2	19.2	10.4	10.3	10.0	11.2	9.2	12.0	5.7	17.3	22.1	6.5
	Dept of Housing	5.8	10.9	20.0	6.2	5.7	7.7	6.2	7.6	3.9	3.0	2.2	7.6	7.5	1.9	6.2	9.2	6.1
	Aboriginal Housing	.6	1.4	33.3	0.6	0.6	0.0	0.4	0.6	0.4	1.0	0.0	1.1	0.8	0.0	0.6	1.8	0.4
	Living with family	9.4	10.1	0.0	11.7	8.9	69.2	8.0	9.1	8.9	12.0	10.4	9.2	5.3	12.1	11.1	3.7	5.7
	Retirement village	1.5	1.4	0.0	2.5	1.3	0.0	0.0	1.5	1.4	2.0	0.0	1.9	0.8	1.3	0.6	0.0	0.4
Other	1.1	2.2	0.0	0.6	1.2	0.0	1.4	1.1	1.1	1.0	0.7	0.5	1.1	0.6	3.1	1.2	1.7	
Q9) Work % of cases multiple response q	No	48.2	58.0	42.9	63.9	44.5	15.4	31.0	47.5	49.6	45.0		51.8	43.2	61.0	34.8	34.4	49.1
	Work	32.4	27.5	14.3	19.0	35.5	53.8	54.5	37.4	28.1	24.0		28.7	39.0	21.4	38.7	47.8	33.5
	Volunteer	18.7	11.5	21.4	17.1	19.2	23.1	15.7	15.3	20.9	29.0		20.6	22.7	14.3	25.8	18.5	20.5
	Education	6.3	6.1	21.4	4.4	6.7	53.8	7.1	5.0	5.4	15.0		7.6	8.0	2.6	11.6	9.6	4.0
Other	5.3	6.1	0.0	4.4	5.5	7.7	2.2	3.8	6.8	8.0		3.9	3.8	9.7	5.8	2.5	4.0	

Income		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18
		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230
Q10) Income source	Employment	26.2	21.3	20.0	14.3	28.9	50.0	41.2	30.0	22.7	19.2	77.2	22.5	28.8	18.7	32.3	35.0	23.8
rr=98.5%	Other person's employment	14.9	13.2	13.3	1.9	18.0	11.5	28.8	18.9	8.9	13.1	19.1	13.2	28.8	5.8	7.5	41.1	18.9
	Age pension	24.1	25.0	0.0	38.5	20.8	0.0	1.1	19.3	30.9	25.3	2.6	25.8	16.7	34.2	20.5	2.5	22.5
	Carer Payment	26.5	28.7	26.7	33.5	24.8	19.2	26.3	22.8	34.0	23.2	12.0	32.1	24.2	21.3	23.0	22.7	26.4
	Carer Allowance	43.0	44.1	46.7	49.7	41.4	19.2	36.5	39.0	50.7	38.4	24.7	49.0	40.5	44.5	41.6	40.5	39.2
	Other govt benefit	9.8	8.1	40.0	8.1	10.2	30.8	14.2	6.8	12.8	15.2	5.6	10.4	10.2	7.1	15.5	19.0	6.2
	Other source	18.1	16.9	13.3	26.1	16.1	3.8	6.9	20.6	16.0	13.1	7.1	16.7	11.0	29.7	15.5	5.5	15.9
Q11) Income per week	<= 350	43.7	57.7	36.4	43.4	43.6	58.3	36.2	36.9	51.8	50.0	20.4	46.8	46.7	44.4	38.5	36.1	44.0
dollars	351 - 700	32.4	24.0	45.5	30.2	33.0	29.2	30.2	33.2	30.7	33.8	31.3	33.0	30.0	34.7	36.9	33.1	30.1
rr=73-77%	701 - 1050	14.2	10.6	18.2	12.4	14.6	12.5	18.3	17.0	11.4	9.5	26.1	13.1	15.7	12.1	14.8	16.5	16.9
	1051 - 1400	5.5	3.8	0.0	8.5	4.7	0.0	9.8	6.8	3.9	4.1	12.2	5.1	4.8	3.2	6.6	9.0	4.8
	1401 - 1750	2.6	2.9	0.0	0.8	3.0	0.0	4.7	4.5	0.4	0.0	6.5	1.3	2.9	2.4	0.8	4.5	2.4
	1751 - 2100	1.1	0.0	0.0	3.1	0.6	0.0	0.4	0.9	1.3	1.4	1.7	0.3	0.0	2.4	1.6	0.0	1.2
	2451 - 2800	.2	0.0	0.0	0.0	0.2	0.0	0.4	0.3	0.0	0.0	0.4	0.0	0.0	0.0	0.0	0.8	0.0
	2801 - 3150	.3	1.0	0.0	1.6	0.0	0.0	0.0	0.3	0.4	0.0	0.9	0.0	0.0	0.0	0.8	0.0	0.6
	3851+	.2	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	1.4	0.4	0.3	0.0	0.8	0.0	0.0	0.0
	Mean (\$)	536.0																
	Median (\$)	400.0																
Q12) Household	<= 350	8.3	10.9	18.2	8.0	8.4	11.8	6.7	6.8	9.9	9.0	4.7	7.5	7.2	10.7	13.3	5.1	11.1
Income per week	351 - 700	35.3	45.7	45.5	43.2	33.5	35.3	23.9	29.0	43.2	39.7	17.3	41.8	28.8	38.5	29.2	23.9	27.8
dollars	701 - 1050	25.8	15.2	27.3	24.8	26.1	35.3	24.8	24.6	26.6	29.5	23.4	24.5	23.1	27.9	32.7	22.5	28.4
rr=66-75%	1051 - 1400	13.1	12.0	9.1	11.2	13.5	5.9	16.8	15.4	10.4	11.5	17.8	13.6	14.4	11.5	13.3	15.9	15.4
CALD rr=66%	1401 - 1750	6.7	7.6	0.0	4.8	7.0	0.0	10.5	10.4	1.8	5.1	14.5	5.4	9.1	4.1	5.3	13.0	4.9
	1751 - 2100	5.8	4.3	0.0	5.6	5.8	0.0	9.7	7.1	5.9	0.0	13.1	3.4	8.2	3.3	3.5	10.1	5.6
	2101 - 2450	.8	1.1	0.0	0.0	1.0	0.0	1.7	0.9	0.5	1.3	1.4	0.7	1.9	0.8	0.0	1.4	1.9
	2451 - 2800	.9	1.1	0.0	0.8	1.0	0.0	1.7	1.5	0.5	0.0	0.9	1.4	0.5	0.8	0.9	0.7	1.2
	2801 - 3150	1.4	1.1	0.0	0.0	1.8	11.8	1.3	1.5	0.9	2.6	2.3	0.3	3.4	0.8	0.9	2.2	2.5
	3151 - 3500	.6	1.1	0.0	1.6	0.4	0.0	0.4	0.9	0.5	0.0	1.9	0.0	0.5	0.8	0.9	0.7	0.6
	3501 - 3850	.3	0.0	0.0	0.0	0.4	0.0	0.4	0.6	0.0	0.0	0.9	0.3	1.0	0.0	0.0	0.7	0.6
	3851 - 4200	.2	0.0	0.0	0.0	0.2	0.0	0.4	0.3	0.0	0.0	0.0	0.3	0.5	0.0	0.0	0.7	0.0
	4201 - 4550	.2	0.0	0.0	0.0	0.2	0.0	0.4	0.3	0.0	0.0	0.5	0.0	0.5	0.0	0.0	0.7	0.0
	4551 - 4900	.2	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	1.3	0.5	0.3	0.0	0.8	0.0	0.0	0.0
	4901+	.5	0.0	0.0	0.0	0.6	0.0	1.3	0.9	0.0	0.0	0.9	0.3	1.0	0.0	0.0	2.2	0.0
	Mean (\$)	981.0																
	Median (\$)	800.0																
Q17) Additional financial costs	Home environment	52.7	51.9	42.9	58.9	51.2	36.8	45.6	50.7	53.8	57.1	46.0	68.5	51.0	58.7	35.5	49.1	50.2
multiple response q	Special equipment	53.0	52.7	50.0	60.3	51.3	57.9	54.0	50.7	52.6	64.8	46.8	71.3	54.2	51.3	30.9	62.0	44.2
	Respite etc	55.0	50.4	50.0	49.0	56.4	31.6	53.2	55.1	52.6	62.6	51.2	61.0	67.7	71.3	42.1	65.0	56.7
	Travel costs	61.6	62.6	78.6	56.3	62.6	57.9	65.8	57.9	61.7	79.1	64.3	65.3	64.1	50.7	68.4	66.9	69.8
	Special food	30.7	35.9	42.9	27.2	31.6	31.6	36.5	31.1	29.3	33.0	32.1	35.0	36.3	20.7	27.0	46.0	30.7
	Medicines	71.6	70.2	64.3	78.1	69.9	68.4	73.4	72.7	71.4	65.9	70.6	75.1	70.9	74.7	70.4	82.2	66.0
	Indirect costs	57.8	48.9	71.4	37.1	62.6	52.6	76.4	59.3	54.5	61.5	71.4	63.0	69.7	48.7	59.9	81.0	60.0
	Other	11.9	11.5	21.4	4.0	13.8	0.0	18.3	12.4	10.9	12.1	15.5	10.9	14.7	8.7	13.8	19.0	14.0
Q18) Borrow money	No	41.7	42.4	0.0	54.2	38.8	64.0	28.1	42.6	41.1	39.2	40.5	35.2	35.5	52.3	35.4	20.8	37.8
	Yes	58.3	57.6	100.0	45.8	61.2	36.0	71.9	57.4	58.9	60.8	59.5	64.8	64.5	47.7	64.6	79.2	62.2
Q19) Trouble paying basic items	No	61.5	56.3	15.4	67.5	60.2	60.0	46.9	63.0	59.4	61.9	63.8	59.3	57.9	73.5	52.9	39.5	61.8
	Yes	38.5	43.7	84.6	32.5	39.8	40.0	53.1	37.0	40.6	38.1	36.2	40.7	42.1	26.5	47.1	60.5	38.2

Caring situation		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18
		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230
Q13) No of people cared for	1	77.6	75.9	57.1	82.4	76.5	84.6	67.3	77.0	78.4	78.8	75.5					55.3	64.3
	2	16.7	17.3	28.6	13.2	17.6	15.4	22.1	17.3	15.1	17.2	18.5					28.6	26.4
	3	4.4	4.5	14.3	3.8	4.6	0.0	8.5	4.4	5.4	2.0	5.7					11.2	7.0
	4	1.1	1.5	0.0	0.6	1.0	0.0	1.5	1.1	0.7	2.0	0.4					3.7	1.8
	5	0.2	0.8	0.0	0.0	0.3	0.0	0.7	0.2	0.4	0.0	0.0					1.2	0.4
Q14) Care Recipient (CR)	Parent/parent-in-law	19.3	19.1	14.3	21.1	18.8	42.3	21.5	21.8	16.7	15.2	26.5	19.7	6.4	30.1	17.3	9.8	7.4
multiple response question	Husband/wife	38.6	38.2	21.4	60.9	33.3	3.8	16.1	33.2	47.5	37.4	21.6	44.5	15.2	67.9	32.1	11.6	15.7
	Partner	2.5	3.7	7.1	3.7	2.2	0.0	4.0	2.2	3.2	2.0	3.4	2.7	1.5	1.9	4.3	0.6	1.3
	Child < 18	19.4	19.1	57.1	5.6	22.5	7.7	47.4	21.6	16.7	17.2	28.0	15.0	37.5	4.5	13.0		5.7
	Child > 18	27.2	27.2	28.6	15.5	30.0	7.7	24.5	28.8	23.0	30.3	28.0	22.7	45.5	5.8	42.6	7.9	
	Neighbour/friend	1.9	1.5	0.0	1.9	1.8	0.0	1.5	1.3	2.5	3.0	1.9	2.5	0.0	1.9	3.1	1.2	0.4
	Other relative	7.5	5.9	0.0	5.6	7.9	46.2	7.3	7.0	8.2	8.1	10.1	5.2	10.2	5.8	11.1	4.3	3.5
	Other	1.9	5.1	0.0	1.2	2.1	0.0	2.2	2.4	1.1	2.0	0.7	2.2	2.7	1.9	3.1	2.4	1.7
Q15) Hours caring	Less than 1 hour per day	2.9	3.0	0.0	3.2	2.8	15.4	1.8	3.7	1.4	3.0	4.5	1.4	1.1	1.9	5.7	0.6	3.1
	1 - 5 hours per day	21.9	15.8	14.3	24.7	21.2	46.2	22.6	20.7	23.0	24.2	36.8	18.9	15.7	20.1	32.1	12.8	23.1
	6 - 10 hours per day	16.5	16.5	0.0	20.3	15.7	15.4	17.9	19.8	14.0	9.1	19.9	17.3	19.2	13.6	15.1	23.2	16.0
	11 - 15 hours per day	15.5	16.5	0.0	10.1	16.9	0.0	17.9	16.5	15.5	12.1	13.2	15.6	19.2	15.6	7.5	23.8	12.0
	16 - 20 hours per day	30.7	31.6	64.3	28.5	31.2	19.2	30.7	27.8	33.8	34.3	16.5	34.5	33.3	32.5	22.6	37.2	30.7
	Other, please specify :	12.5	16.5	21.4	13.3	12.3	3.8	9.1	11.5	12.2	17.2	9.0	12.3	11.5	16.2	17.0	2.4	15.1
Q16) Length of caring role	Less than 6 months	1.1	1.5	0.0	1.3	1.0	4.0	1.1	1.3	0.4	2.0	0.7	0.5	1.1	1.9	1.2	1.2	0.4
	6 months - 2 years	9.8	8.1	7.1	11.3	9.4	4.0	10.3	8.8	13.2	5.1	9.4	7.4	3.8	17.4	7.4	6.1	2.2
	3 - 5 years	18.3	22.8	0.0	22.5	17.4	12.0	18.3	18.2	18.9	18.2	18.0	18.9	9.9	29.0	15.4	17.7	5.2
	6 - 10 years	25.7	27.2	35.7	28.8	25.0	36.0	26.0	26.9	24.2	25.3	24.0	25.8	18.3	26.5	29.0	34.1	10.0
	11 - 15 years	14.4	12.5	28.6	15.6	14.1	16.0	19.0	14.7	15.3	11.1	15.0	14.8	14.4	11.6	18.5	26.8	9.1
	16 - 20 years	10.6	9.6	14.3	6.9	11.5	16.0	12.1	10.1	9.3	16.2	12.4	9.6	13.7	8.4	11.1	11.6	16.5
	20 years or more	20.2	18.4	14.3	13.8	21.6	12.0	13.2	20.1	18.9	22.2	20.6	23.0	38.8	5.2	17.3	2.4	56.5
Q20) Gender of CR	Female	42.7	48.2	26.7	84.4	32.7	41.7	44.7	45.9	37.0	45.9	46.2	45.8	40.4	43.6	40.7	35.0	40.5
	Male	57.3	51.8	73.3	15.6	67.3	58.3	55.3	54.1	63.0	54.1	53.8	54.2	59.6	56.4	59.3	65.0	59.5
Q21) Age of CR (Binned)	<= 17	16.5	16.7	46.7	1.3	20.1	20.8	40.3	17.4	14.9	16.5	25.2	13.5	36.4	0.0	8.1	82.5	3.1
	18 - 27	9.6	5.1	13.3	3.1	11.0	20.8	17.2	9.9	9.3	9.3	15.8	9.1	19.7	0.0	13.1	3.8	29.5
	28 - 37	9.0	11.6	6.7	5.6	9.7	12.5	4.0	9.1	7.8	11.3	9.4	6.6	15.2	1.3	16.9	2.5	29.0
	38 - 47	8.7	10.1	0.0	8.8	8.8	12.5	8.4	9.5	7.1	9.3	9.0	5.5	9.5	0.0	20.6	3.8	17.9
	48 - 57	8.0	8.7	13.3	12.5	7.0	33.3	7.0	6.0	8.9	15.5	8.3	9.9	4.9	3.2	12.5	3.1	10.7
	58 - 67	11.2	11.6	0.0	13.1	10.8	0.0	5.9	11.7	10.3	12.4	9.4	14.3	6.4	14.0	12.5	2.5	4.9
	68 - 77	13.5	15.2	0.0	21.3	11.7	0.0	4.0	9.5	19.9	13.4	6.4	16.8	4.2	29.9	10.0	0.6	1.3
	78 - 87	16.1	15.9	13.3	23.8	14.4	0.0	9.9	17.7	16.7	7.2	9.8	18.4	3.0	34.4	3.8	1.3	2.2
	88 - 97	6.9	5.1	0.0	10.6	6.1	0.0	3.3	9.1	4.6	4.1	6.8	6.0	0.4	15.9	2.5	0.0	1.3
	98+	.4	0.0	6.7	0.0	0.4	0.0	0.0	0.2	0.4	1.0	0.0	0.0	0.4	1.3	0.0	0.0	0.0
Q22) Living condition CR	At home with me	81.4	79.7	86.7	80.1	81.7	72.0	86.1	81.3	82.6	77.8	76.7	86.4	90.2	72.6	69.8	98.1	78.0
	In their own home	11.9	15.2	13.3	12.4	11.8	20.0	11.0	11.9	11.4	14.1	16.9	8.2	4.5	16.6	20.4	0.6	12.3
	In supp accomm	4.0	1.4	0.0	5.0	3.8	4.0	0.7	4.0	4.3	4.0	3.8	3.0	2.6	8.9	4.9	0.6	4.8
	Other	2.6	3.6	0.0	2.5	2.7	4.0	2.2	2.9	1.8	4.0	2.6	2.5	2.6	1.9	4.9	0.6	4.8
Q23) CR condition	Physical disability	43.9	47.1	60.0	51.3	42.4	34.6	40.7	43.8	39.6	55.6	38.3					34.4	36.4
multiple response question	Intellectual disability	31.7	30.9	46.7	15.6	35.7	34.6	45.6	32.8	27.1	37.4	38.7					61.9	52.6
	Dementia/Alzheimer's	18.7	14.7	6.7	24.4	17.5	0.0	8.1	18.3	21.1	14.1	12.4					4.4	3.9
	Mental health illness	19.3	22.1	20.0	16.3	19.9	61.5	19.6	17.2	21.1	24.2	22.6					13.1	30.3
	Other condition	26.5	31.6	20.0	32.5	25.0	15.4	23.0	24.7	28.9	28.3	22.9					16.9	16.2
	Drug/alcohol	1.9	2.2	6.7	1.9	1.9	3.8	3.3	2.0	0.7	5.1	2.3					1.3	3.5
	Frailty	18.4	19.9	13.3	26.3	16.6	0.0	11.9	20.3	17.1	13.1	14.7					0.6	4.8
	Other	21.8	22.1	20.0	12.5	24.1	26.9	25.2	21.4	22.9	22.2	19.9					28.8	18.9
Q25) Help if ill	Yes, find someone quite easily	23.0	19.6	35.7	17.8	24.3	64.0	27.0	23.2	22.4	22.0	30.7	20.1	32.6	9.7	22.6	37.9	24.6
	Yes, find someone but difficult	41.6	42.8	42.9	38.2	42.2	20.0	48.9	39.5	45.5	40.0	44.7	42.3	42.8	49.4	36.5	38.5	38.8
	No, there is no one	35.4	37.7	21.4	43.9	33.5	16.0	24.1	37.3	32.1	38.0	24.6	37.6	24.6	40.9	40.9	23.6	36.6
Q26) Help if break	Yes, find someone quite easily	16.7	12.8	33.3	15.3	17.2	56.0	18.5	16.6	15.9	17.0	21.4	17.0	21.6	7.8	17.6	26.7	18.2
	Yes, find someone but difficult	41.1	37.6	26.7	35.7	42.4	32.0	45.4	38.0	46.2	40.0	44.3	39.3	43.2	46.8	34.0	37.3	40.9
	No, there is no one	42.2	49.6	40.0	49.0	40.4	12.0	36.2	44.4	37.9	42.0	34.4	44.0	34.5	45.5	46.5	36.0	40.9

<b>Wellbeing</b>		<b>Total</b>						<b>CALD</b>						<b>ATSI</b>					
<b>Total sample, CALD, ATSI, Gender</b>		<b>%</b>						<b>%</b>						<b>%</b>					
<b>n</b>		<b>854</b>						<b>140</b>						<b>15</b>					
		<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>	<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>	<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>
How do you feel in	Cope well	18.8	42.1	34.4	3.6	1.0	0.1	17.6	40.5	33.6	5.3	2.3	0.8	33.3	33.3	20.0	13.3	0.0	0.0
your role as a carer?	Demanding	47.9	29.6	18.9	2.7	0.8	0.1	53.6	25.4	16.7	2.9	0.7	0.7	66.7	26.7	6.7	0.0	0.0	0.2
rr=85-86%	Difficulties in relationships w friends	21.1	27.6	31.9	10.4	7.8	1.2	21.9	27.7	35.0	8.8	5.1	1.5	42.9	28.6	14.3	7.1	7.1	0.0
	Negative effect on physical health	18.9	24.4	38.7	10.1	6.9	1.0	18.0	30.2	34.5	6.5	9.4	1.4	33.3	20.0	33.3	0.0	13.3	0.0
	Difficulties in relationship with family	15.3	24.0	31.3	13.2	12.8	3.4	17.0	21.5	34.1	10.4	11.1	5.9	26.7	26.7	26.7	13.3	0.0	6.7
	Financial difficulties	20.0	19.5	27.5	17.6	13.4	1.9	24.1	21.1	27.8	13.5	11.3	2.3	50.0	14.3	35.7	0.0	0.0	0.0
	Supported by friends/neighbours	9.1	14.9	35.7	23.4	14.9	2.0	7.5	11.9	33.6	22.4	21.6	3.0	26.7	6.7	26.7	13.3	26.7	0.0
	Good relationship with CR	60.5	27.8	9.0	1.7	0.6	0.5	60.6	27.7	9.5	0.7	1.5	0.0	78.6	14.3	7.1	0.0	0.0	0.0
	Supported by formal services	13.3	22.0	37.3	17.6	7.3	2.5	17.0	19.3	34.8	20.0	5.2	3.7	13.3	20.0	26.7	20.0	20.0	0.0
	Appreciated as carer	17.9	17.2	32.2	22.4	9.6	0.8	24.4	20.0	27.4	18.5	8.1	1.5	13.3	6.7	26.7	20.0	33.3	0.0
	Negative effect on emotional health	17.6	35.0	34.8	8.4	3.7	0.6	19.3	31.1	32.6	11.9	3.7	1.5	30.8	38.5	30.8	0.0	0.0	0.0
	Overall, well supported	8.0	19.7	39.6	23.3	8.6	0.8	10.3	16.9	41.2	22.8	8.8	0.0	7.1	14.3	35.7	14.3	28.6	0.0

<b>Data by Carer age and geographic area</b>		<b>Young</b>						<b>35-54</b>						<b>Urban</b>					
<b>Working carers</b>		<b>%</b>						<b>%</b>						<b>%</b>					
<b>n</b>		<b>26</b>						<b>277</b>						<b>464</b>					
		<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>	<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>	<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>
How do you feel in	Cope well	16.0	44.0	24.0	16.0	0.0	0.0	10.7	42.1	43.5	3.0	0.7	0.0	18.5	39.7	36.4	3.8	1.6	1.6
your role as a carer?	Demanding	28.0	28.0	28.0	16.0	0.0	0.0	50.0	29.0	18.8	1.4	0.4	0.4	48.7	29.5	18.6	2.8	0.4	0.0
rr=85-86%	Difficulties in relationships w friends	20.0	32.0	24.0	16.0	8.0	0.0	25.2	31.4	29.9	7.3	5.5	0.7	22.8	27.1	31.3	10.4	8.0	0.4
	Negative effect on physical health	4.0	20.0	20.0	40.0	12.0	4.0	18.5	25.0	42.8	7.6	5.4	0.7	19.6	25.1	35.4	11.4	7.7	0.9
	Difficulties in relationship with family	24.0	28.0	32.0	12.0	0.0	4.0	17.1	30.5	34.2	9.8	5.8	2.5	17.4	26.1	28.3	13.1	11.4	3.8
	Financial difficulties	8.0	16.0	16.0	24.0	32.0	4.0	26.0	28.6	23.8	15.8	5.5	0.4	20.4	20.4	27.5	16.6	13.4	1.8
	Supported by friends/neighbours	4.0	4.0	28.0	20.0	44.0	0.0	5.8	12.7	38.0	28.3	13.8	1.4	7.1	14.3	35.5	24.6	16.1	2.5
	Good relationship with CR	48.0	36.0	8.0	4.0	4.0	0.0	60.1	28.6	10.3	1.1	0.0	0.0	60.6	28.1	8.8	1.3	0.7	0.4
	Supported by formal services	0.0	8.0	56.0	20.0	8.0	8.0	4.4	17.1	44.4	23.6	9.1	1.5	11.7	22.0	39.9	16.5	6.8	3.1
	Appreciated as carer	8.0	24.0	32.0	28.0	8.0	0.0	10.7	12.2	39.3	27.8	9.6	0.4	17.2	17.2	32.8	23.0	8.5	1.3
	Negative effect on emotional health	20.0	24.0	36.0	12.0	4.0	4.0	18.4	40.1	35.0	4.0	2.2	0.4	19.4	35.5	31.7	10.1	2.9	0.4
	Overall, well supported	0.0	28.0	48.0	16.0	8.0	0.0	4.0	12.0	46.0	26.4	11.2	0.4	7.1	18.7	41.3	23.1	8.7	1.1

<b>Data by CRs age</b>		<b>Child&lt;18</b>						<b>Child&gt;18</b>					
		<b>%</b>						<b>%</b>					
<b>n</b>		<b>164</b>						<b>230</b>					
		<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>	<b>Always</b>	<b>Often</b>	<b>S-times</b>	<b>Rarely</b>	<b>Never</b>	<b>n/a</b>
How do you feel in	Cope well	6.8	37.9	51.6	3.7	0.0	0.0	19.9	39.8	33.9	5.0	1.4	0.0
your role as a carer?	Demanding	58.5	30.5	10.4	0.6	0.0	0.0	53.1	25.2	19.0	1.8	0.9	0.0
rr=85-86%	Difficulties in relationships w friends	31.9	34.4	29.4	2.5	1.8	0.0	26.7	27.6	26.7	12.4	5.8	0.9
	Negative effect on physical health	23.2	27.4	41.5	5.5	1.8	0.6	26.0	26.5	33.2	9.4	4.5	0.4
	Difficulties in relationship with family	21.3	34.1	34.8	4.9	3.7	1.2	20.6	27.4	29.1	13.0	7.6	2.2
	Financial difficulties	29.9	32.9	26.2	8.5	2.4	0.0	24.8	18.9	27.9	17.6	9.9	0.9
	Supported by friends/neighbours	3.7	14.6	39.6	25.6	15.9	0.6	4.9	9.4	33.5	32.1	18.8	1.3
	Good relationship with CR	60.0	30.0	8.1	1.9	0.0	0.0	60.9	29.3	8.0	1.3	0.4	0.0
	Supported by formal services	3.7	11.7	51.5	23.9	8.6	0.6	7.9	20.6	37.7	22.4	10.5	0.9
	Appreciated as carer	5.0	13.8	39.6	28.3	13.2	0.0	16.4	14.6	33.8	22.8	11.9	0.5
	Negative effect on emotional health	20.9	49.1	27.0	3.1	0.0	0.0	19.9	33.2	35.4	7.5	4.0	0.0
	Overall, well supported	2.4	14.0	45.1	28.0	10.4	0.0	5.8	15.6	38.7	26.2	13.3	0.4

Wellbeing		Male						Female					
		%						%					
Total sample, CALD, ATSI, Gender		162					685						
n		Always	Often	S-times	Rarely	Never	n/a	Always	Often	S-times	Rarely	Never	n/a
How do you feel in your role as a carer? <small>rr=85-86%</small>	Cope well	32.3	35.4	25.9	5.1	0.6	0.6	15.7	43.7	36.3	3.3	1.0	0.0
	Demanding	40.0	31.3	21.9	5.6	1.3	0.0	49.6	29.2	18.3	2.1	0.7	0.1
	Difficulties in relationships w friends	19.7	19.7	28.0	13.4	15.9	3.2	21.1	29.5	32.9	9.7	5.9	0.7
	Negative effect on physical health	18.9	19.5	28.9	15.7	15.7	1.3	19.0	25.5	40.9	8.8	4.9	0.9
	Difficulties in relationship with family	10.8	16.5	22.8	16.5	25.9	7.6	16.2	25.7	33.4	12.5	9.8	2.4
	Financial difficulties	22.8	10.1	22.8	19.6	22.8	1.9	19.3	21.7	28.6	17.2	11.2	1.9
	Supported by friends/neighbours	9.4	19.5	32.7	21.4	13.8	3.1	9.1	13.8	36.5	24.0	14.9	1.8
	Good relationship with CR	70.2	21.7	4.3	1.9	0.6	1.2	58.2	29.1	10.1	1.6	0.6	0.3
	Supported by formal services	20.9	27.2	28.5	15.2	6.3	1.9	11.6	20.9	39.3	18.1	7.6	2.7
	Appreciated as carer	36.5	20.5	21.2	12.8	7.1	1.9	13.6	16.3	34.6	24.7	10.2	0.6
	Negative effect on emotional health	15.3	28.7	28.0	15.3	10.8	1.9	18.0	36.5	36.3	6.8	2.1	0.3
	Overall, well supported	13.9	28.5	31.6	16.5	7.0	2.5	6.7	17.7	41.5	24.8	8.9	0.4

Data by Carer age and geographic area		Regional						Rural						Working					
		%						%						%					
Working carers		284						100						267					
n		Always	Often	S-times	Rarely	Never	n/a	Always	Often	S-times	Rarely	Never	n/a	Always	Often	S-times	Rarely	Never	n/a
How do you feel in your role as a carer? <small>rr=85-86%</small>	Cope well	18.6	46.1	31.4	3.2	0.4	0.4	20.4	40.8	34.7	4.1	0.0	0.0	9.2	45.0	40.1	5.0	0.8	0.0
	Demanding	45.5	31.2	20.1	2.5	0.4	0.4	50.5	26.3	16.2	3.0	4.0	0.0	45.5	30.2	21.6	2.6	0.0	0.0
	Difficulties in relationships w friends	16.3	29.8	34.8	9.9	7.4	1.8	25.3	25.3	28.3	12.1	7.1	2.0	18.4	33.1	34.6	7.9	6.0	0.0
	Negative effect on physical health	17.1	25.4	43.2	8.9	5.0	0.4	20.0	20.0	40.0	8.0	9.0	0.0	14.2	26.9	40.3	11.9	6.3	0.4
	Difficulties in relationship with family	9.6	20.4	38.2	14.3	14.6	2.9	21.2	25.3	25.3	11.1	14.1	3.0	15.1	32.1	33.6	12.5	4.5	2.3
	Financial difficulties	18.0	18.3	29.9	18.3	13.3	2.2	23.2	19.2	21.2	21.2	13.1	2.0	15.5	25.4	31.8	16.3	9.5	1.5
	Supported by friends/neighbours	11.0	16.4	38.1	23.1	10.7	0.7	11.1	14.1	30.3	20.2	21.2	3.0	4.9	13.9	42.9	24.8	12.4	1.1
	Good relationship with CR	61.3	27.7	8.2	1.8	0.7	0.4	55.7	27.8	12.4	3.1	0.0	1.0	51.7	34.5	12.0	1.5	0.4	0.0
	Supported by formal services	15.2	22.0	36.8	17.7	6.9	1.4	15.2	23.2	26.3	22.2	10.1	3.0	5.2	18.0	41.2	22.8	9.7	3.0
	Appreciated as carer	18.8	18.8	28.6	22.5	10.9	0.4	18.4	12.2	39.8	20.4	9.2	0.0	11.0	15.2	30.0	33.1	10.6	0.0
	Negative effect on emotional health	15.1	32.3	41.6	6.8	3.9	0.4	17.0	42.0	29.0	4.0	6.0	2.0	15.3	43.7	34.3	4.9	1.9	0.0
	Overall, well supported	8.9	21.4	38.6	23.9	7.1	0.0	8.2	20.4	36.7	20.4	12.2	2.0	3.4	16.4	39.9	30.6	9.0	0.7

Data by CRs age

How do you feel in your role as a carer? <small>rr=85-86%</small>	Cope well
	Demanding
	Difficulties in relationships w friends
	Negative effect on physical health
	Difficulties in relationship with family
	Financial difficulties
	Supported by friends/neighbours
	Good relationship with CR
	Supported by formal services
	Appreciated as carer
	Negative effect on emotional health
	Overall, well supported

Wellbeing		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18	
<i>percentages based on cases</i>		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230	
Most difficult part with being a carer rr=98% multiple response question	Lack of services	44.1	51.1	66.7	38.9	45.0	42.3	53.6	45.8	41.5	42.0	47.4	44.1	55.3	30.1	48.4	58.5	58.5	
	Time constraints	74.1	80.6	66.7	75.3	73.7	53.8	74.6	75.2	72.5	73.0	78.0	76.0	78.6	82.1	67.1	78.0	71.6	
	Financial: caring expensive	39.7	48.9	73.3	38.3	39.8	30.8	47.5	38.1	39.4	47.0	35.8	46.0	42.1	33.3	48.4	57.3	44.1	
	Financial: give up work	29.9	31.7	33.3	24.1	31.0	19.2	39.5	30.3	29.2	29.0	21.6	32.2	33.8	25.0	29.8	45.1	28.8	
	Concerns re future	82.4	83.5	80.0	81.5	82.7	76.9	83.0	83.7	81.0	81.0	81.3	82.0	92.1	73.1	82.6	91.5	92.1	
	No support family/friends	45.3	51.8	53.3	38.3	46.9	46.2	50.7	44.9	45.4	47.0	43.3	46.3	47.4	47.4	55.3	50.0	48.9	
	CRs declining health	48.5	53.2	46.7	66.7	44.2	42.3	34.8	48.6	47.9	49.0	40.7	53.4	31.6	72.4	50.3	19.5	42.8	
	Lack recogn family/friends	30.5	30.2	53.3	26.5	31.1	42.3	34.8	30.9	32.4	23.0	29.5	31.3	35.3	26.9	37.3	34.1	38.4	
	Lack recogn governments	49.6	43.9	53.3	45.1	50.4	42.3	54.0	47.1	50.0	59.0	48.9	53.4	56.0	43.6	50.3	50.6	60.7	
	Emotional constraints	61.4	63.3	53.3	55.6	62.6	57.7	66.3	60.6	61.6	64.0	65.3	61.9	65.0	69.2	68.3	72.0	63.3	
	Own health/wellbeing	56.2	56.8	53.3	49.4	57.6	30.8	58.7	54.5	58.8	56.0	54.1	58.6	58.6	65.4	61.5	58.5	64.2	
	No difficulties	4.6	1.4	6.7	9.3	3.4	0.0	2.5	4.1	4.9	5.0	1.1	6.0	1.5	3.2	1.9	1.2	1.7	
	Other	10.4	10.8	26.7	7.4	11.1	11.5	12.7	11.5	7.4	13.0	13.1	11.7	10.9	10.3	12.4	12.8	7.4	
	What would make it easier rr=98% multiple response question	More support formal services	54.2	63.8	73.3	48.1	55.4	46.2	63.7	56.1	50.7	54.5	56.7	55.3	68.2	37.9	57.9	67.1	68.5
		More respite	46.4	47.1	46.7	47.5	46.1	38.5	48.0	49.9	42.5	42.4	47.1	47.2	56.3	57.5	40.9	54.9	51.4
Better financial support		55.4	59.4	80.0	52.5	55.9	61.5	64.5	53.2	56.8	61.6	53.2	61.1	59.0	43.1	61.0	71.3	55.0	
Education/training		24.2	33.3	20.0	19.0	25.4	15.4	28.9	24.1	24.3	25.3	28.9	22.2	22.6	20.3	34.6	34.8	23.0	
Carer SGs		29.5	34.8	40.0	24.7	30.6	30.8	31.1	28.5	31.1	30.3	27.8	28.9	30.7	31.4	43.4	31.1	33.3	
Recogn family/friends/comm		38.1	36.2	53.3	32.3	39.2	42.3	39.6	38.5	37.1	40.4	41.1	36.4	34.1	48.4	45.3	39.6	39.6	
Recogn governments		54.7	58.7	80.0	56.3	54.1	46.2	54.2	54.3	53.9	57.6	50.2	57.8	62.5	46.4	58.5	56.1	65.8	
Nothing		3.0	0.7	0.0	3.2	2.8	0.0	2.2	3.3	2.1	3.0	2.3	2.2	1.5	4.6	3.1	2.4	2.7	
Nothing, not hard		4.6	2.2	0.0	9.5	3.3	7.7	2.9	4.2	5.0	5.1	3.8	5.0	2.3	3.3	4.4	3.0	1.4	
Other		13.3	11.6	20.0	8.9	14.4	15.4	12.5	13.4	14.3	10.1	12.5	13.6	14.9	13.1	11.3	11.6	16.2	

Formal Services		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18
		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230
Q30) Formal services	No*	28.7	28.9	35.7	31.4	27.9	44.0	36.1	28.9	27.7	29.5	35.2	24.1	26.2	14.5	41.4	37.5	27.3
	Yes	71.3	71.1	64.3	68.6	72.1	56.0	63.9	71.1	72.3	70.5	64.8	75.9	73.8	85.5	58.6	62.5	72.7
Q30) Type of service	ASHC	.8	1.0	33.3	.9	.8	.0	1.1	.3	1.0	2.9	.0	1.1	1.0	.0	1.1	2.9	.0
	ACAT	29.5	25.3	0.0	39.3	27.4	7.1	12.5	29.4	29.7	29.0	17.1	31.3	10.7	70.7	21.5	3.9	9.7
	NCCP	7.5	13.1	11.1	7.5	7.6	0.0	11.4	6.8	7.4	10.1	6.9	7.0	2.5	9.0	15.1	5.9	4.8
	CRCCs	32.0	30.3	22.2	34.6	31.3	57.1	32.4	26.9	37.1	37.7	28.0	31.6	32.5	35.3	35.5	37.3	29.1
	HACC	38.7	38.4	11.1	55.1	35.2	14.3	27.3	34.1	42.1	50.7	31.4	48.2	29.4	48.1	25.8	20.6	32.7
	Disab services	24.8	18.2	22.2	16.8	26.6	28.6	37.5	26.3	22.8	23.2	33.7	27.6	49.2	3.8	16.1	48.0	45.5
	Other	35.0	37.4	33.3	25.2	37.2	28.6	34.7	38.7	33.7	23.2	34.3	32.4	29.9	39.8	41.9	34.3	30.3
Q30) *Why no services	Assessed, on waiting-list**	15.5	19.5	25.0	6.3	17.5	10.0	16.7	17.8	13.5	11.1	12.8	19.0	17.2	26.1	6.8	23.0	8.8
	Assessed, can't get it	17.7	12.2	25.0	18.8	17.5	10.0	27.1	14.0	20.3	25.9	18.1	19.0	23.4	17.4	22.0	24.6	15.8
	Don't know where to find it	35.8	39.0	50.0	31.3	37.2	30.0	37.5	37.2	39.2	22.2	37.2	33.3	43.8	13.0	40.7	47.5	49.1
	Don't want any help	13.4	14.6	0.0	16.7	12.6	30.0	6.3	11.6	10.8	25.9	10.6	15.5	12.5	8.7	11.9	4.9	14.0
	Don't need any help	17.7	14.6	0.0	27.1	15.3	20.0	12.5	19.4	16.2	14.8	21.3	13.1	3.1	34.8	18.6	.0	12.3
Q30) **Waiting list months waited	<= 12	66.7	75.0	0.0	50.0	66.7	0.0	57.1	73.9	50.0	50.0	90.0	64.3	54.5	100.0	66.7	57.1	83.3
	13 - 24	15.2	12.5	0.0	50.0	13.3	0.0	35.7	4.3	37.5	50.0	0.0	14.3	36.4	0.0	0.0	28.6	0.0
	25 - 36	9.1	12.5	100.0	0.0	10.0	0.0	0.0	13.0	0.0	0.0	0.0	14.3	0.0	0.0	0.0	7.1	0.0
	61 - 72	3.0	0.0	0.0	0.0	3.3	100.0	0.0	0.0	12.5	0.0	10.0	0.0	0.0	0.0	33.3	0.0	0.0
	73 - 84	3.0	0.0	0.0	0.0	3.3	0.0	0.0	4.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	16.7
	109+	3.0	0.0	0.0	0.0	3.3	0.0	7.1	4.3	0.0	0.0	0.0	7.1	9.1	0.0	0.0	7.1	0.0
Q31) Other services carers would like	Respite	53.8	53.9	42.9	54.2	53.7	31.6	53.2	58.1	47.1	54.4	51.1	57.4	57.0	56.0	49.2	58.0	53.7
	Community care	28.6	38.3	21.4	34.7	27.1	26.3	21.9	29.2	28.2	26.6	22.8	33.2	21.9	20.0	31.2	23.8	31.4
	Counselling	35.7	29.6	50.0	28.8	37.2	52.6	42.5	36.1	32.6	43.0	40.2	30.1	35.2	35.2	61.5	42.7	37.2
	Education/training	26.9	31.3	28.6	22.0	28.1	21.1	31.8	26.4	26.9	29.1	28.3	23.2	25.7	23.2	36.2	35.0	28.2
	Carer SGs	31.5	26.1	50.0	31.4	31.7	36.8	30.9	29.2	35.2	32.9	28.3	32.9	29.1	32.0	45.4	30.8	30.9
	Other	18.5	20.9	14.3	11.0	20.0	15.8	21.9	19.7	18.5	12.7	23.3	19.0	22.2	13.6	16.2	20.3	20.2
Q32) Care Recipient waiting for supp accomm	Yes	6.1	5.5	0.0	6.0	5.9	4.2	4.0	7.5	3.3	7.5	6.5	5.7	10.0	5.4	5.3	1.8	13.5
	No, already in supp acc	5.0	1.6	0.0	5.4	4.9	4.2	1.5	5.0	5.5	3.2	3.8	4.8	2.8	10.2	4.0	1.2	3.7
rr=95.5%	No	89.0	93.0	100.0	88.6	89.2	91.7	94.5	87.5	91.1	89.2	89.7	89.5	87.2	84.4	90.7	96.9	82.8
Q33) Where do carers seek information	Carer Line	34.3	29.4	42.9	31.8	34.8	15.4	34.7	36.5	33.2	27.4	36.4	35.2	27.7	32.2	35.7	32.5	35.0
rr=96.4%	Centrelink	26.4	26.5	28.6	34.4	24.6	19.2	24.7	26.9	24.2	29.5	23.1	27.9	26.2	22.4	29.9	19.4	31.8
	Library	5.6	6.6	14.3	1.9	6.5	3.8	5.5	6.7	3.6	6.3	6.8	5.1	5.8	5.3	9.7	8.1	5.5
	Newsletter	19.6	20.6	35.7	19.5	19.7	7.7	19.6	19.5	19.5	21.1	18.6	21.7	17.3	17.1	18.2	16.9	24.5
	Internet	27.2	20.6	21.4	24.7	27.6	46.2	37.3	29.4	25.6	22.1	40.9	27.6	28.5	13.8	35.1	43.1	29.1
	Carer SGs	36.8	40.4	21.4	33.8	37.7	15.4	28.0	34.8	39.7	38.9	31.4	33.5	33.5	47.4	40.9	31.9	40.9
	Counselling services	20.7	17.6	21.4	14.9	21.9	3.8	18.8	21.5	21.3	14.7	19.3	19.7	18.1	24.3	33.8	16.9	25.0
	C-wealth Respite/Carelink	36.9	29.4	42.9	35.1	37.4	38.5	34.3	33.0	39.7	47.4	33.3	37.5	38.1	48.0	33.1	35.0	37.7
	Other	16.8	16.2	21.4	13.6	17.6	19.2	19.6	15.9	18.4	16.8	19.3	16.6	15.4	22.4	12.3	19.4	10.0
	I don't know	10.8	13.2	14.3	10.4	11.0	23.1	11.8	11.2	10.5	9.5	14.4	13.2	14.2	7.2	9.1	14.4	10.0
Q34) Would also like to find information at	GP	78.2	75.2	66.7	73.9	79.1	60.0	77.4	75.1	83.7	78.2	77.0	78.6	75.0	79.1	81.1	77.8	76.8
	Hospital	28.6	28.0	40.0	25.4	29.2	40.0	28.6	26.3	30.5	33.3	27.6	29.2	26.7	26.1	44.8	29.4	30.9
	Community centre	40.3	52.0	53.3	41.5	40.0	28.0	40.1	36.7	43.5	49.4	41.2	36.3	39.0	42.5	50.3	39.9	47.9
	Pharmacy	34.5	28.0	53.3	24.6	36.7	36.0	36.1	33.2	36.8	34.5	35.8	37.3	32.2	38.8	41.3	37.3	31.4
	Local newspaper	32.4	30.4	46.7	18.3	35.4	48.0	41.7	32.7	33.1	28.7	38.3	25.8	34.7	35.1	42.0	44.4	35.1
	Other	9.5	9.6	0.0	12.7	8.7	16.0	11.9	10.4	7.5	10.3	10.3	9.0	11.4	11.2	6.3	11.1	7.2

Advocacy - Single most important issue		Total	CALD	ATSI	Male	Female	Young	35-54	Urban	Regional	Rural	Working	Phys dis	Int dis	Dementia	MH	Child<18	Child>18
		%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
n		854	140	15	162	685	26	277	464	284	100	267	368	266	157	162	164	230
Most important issue	Increase funding respite services	30.6	26.7	23.1	27.4	31.4	18.2	22.6	30.4	32.7	24.3	25.0	33.6	32.7	42.6	10.0	25.5	29.4
	Increase funding mental health	15.6	14.3	15.4	13.7	15.9	36.4	14.8	14.1	18.2	16.2	18.4	8.0	8.6	16.4	52.7	10.6	21.2
rr=78%	Increase consumer directed care	10.8	13.3	0.0	8.9	11.3	4.5	13.9	10.9	9.5	14.9	11.0	12.4	17.7	4.9	5.5	17.0	12.9
	Funding research carer related issues	12.9	9.5	23.1	18.5	11.6	0.0	7.8	12.2	12.7	17.6	5.3	14.2	11.4	14.8	5.5	12.1	7.6
	Better support/flexibility working carers	13.5	19.0	7.7	12.9	13.5	18.2	21.7	14.7	12.7	8.1	24.1	12.8	9.5	9.8	12.7	17.0	8.8
	Other*	16.6	17.1	30.8	18.5	16.3	22.7	19.1	17.7	14.1	18.9	16.2	19.0	20.0	11.5	13.6	17.7	20.0
Carer Rec Act	No	56.1	55.6	57.1	51.6	56.9	84.0	57.5	55.6	56.9	54.2	59.2	52.6	56.8	51.9	57.0		
	Yes	43.9	44.4	42.9	48.4	43.1	16.0	42.5	44.4	43.1	45.8	40.8	47.4	43.2	48.1	43.0		
Carers Action Plan	No	75.0	75.2	57.1	74.1	75.2	80.0	75.3	74.5	77.3	70.5	70.5	74.7	75.1	74.0	72.2		
	Yes	25.0	24.8	42.9	25.9	24.8	20.0	24.7	25.5	22.7	29.5	29.5	24.5	24.1	24.7	26.6		

<b>Advocacy - Carers NSW recommendations</b>		<b>Total</b>					<b>Male</b>					<b>Female</b>				
<b>Total sample, Gender</b>		<b>%</b>					<b>%</b>					<b>%</b>				
n		854					162					685				
<i>NB Valid percentages</i>		<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>
		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>	
Grade the following	Evaluation of formal services	63.6	28.0	7.4	0.4	0.6	61.3	29.7	8.4	0.6	0.0	64.3	27.4	7.2	0.3	0.8
CNSW recommendations	Best practise for hidden carers	52.6	32.5	11.7	1.2	2.0	46.7	34.9	14.5	1.3	2.6	53.9	31.9	11.1	1.2	1.9
<b>rr=88-94%</b>	Increase funding respite	67.6	24.8	6.7	0.5	0.4	62.8	26.9	9.0	1.3	0.0	68.8	24.4	6.0	0.3	0.5
	Increase funding dementia	58.7	28.3	9.6	0.8	2.7	53.2	32.5	10.4	0.6	3.2	60.1	27.3	9.3	0.8	2.5
	Increase funding intergeneration	52.4	30.7	13.2	1.7	2.1	51.7	34.7	9.5	0.0	4.1	52.6	29.8	14.1	1.9	1.6
	Increase funding elder carers	51.5	32.6	12.6	1.5	1.8	47.0	35.8	11.9	2.0	3.3	52.6	31.8	12.8	1.3	1.4
	Young Carer card (rr=88%)	39.7	32.9	19.7	2.9	4.8	33.1	35.9	21.8	2.1	7.0	41.3	32.2	19.2	3.1	4.1
	Increase funding Mental Health services	61.8	27.5	8.2	0.9	1.5	54.4	36.1	6.1	1.4	2.0	63.4	25.7	8.7	0.8	1.4
	Support working carers	46.6	35.6	13.4	2.1	2.3	37.7	37.0	17.8	4.1	3.4	48.8	35.3	12.4	1.4	2.1
	Support carers returning to work (rr=88)	40.6	31.9	22.4	2.2	2.9	32.6	35.4	25.0	4.9	2.1	42.6	31.1	21.6	1.6	3.0
	Change working legislations (rr=89%)	57.1	28.2	11.9	0.9	1.8	48.3	29.0	18.6	2.1	2.1	59.3	28.1	10.2	0.6	1.8
<b>Data by geographic area</b>		<b>Urban</b>					<b>Regional</b>					<b>Rural</b>				
		<b>%</b>					<b>%</b>					<b>%</b>				
		464					284					100				
		<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>
		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>	
Grade the following	Evaluation of formal services	60.5	30.5	8.0	0.5	0.7	66.4	25.4	7.5	0.4	0.4	70.5	24.2	5.3	0.0	0.0
CNSW recommendations	Best practise for hidden carers	50.8	32.3	13.5	1.6	1.8	54.5	32.6	9.8	1.1	1.9	54.2	34.4	9.4	0.0	2.1
<b>rr=88-94%</b>	Increase funding respite	69.0	24.1	5.7	0.5	0.7	67.2	25.2	7.3	0.4	0.0	62.8	26.6	9.6	1.1	0.0
	Increase funding dementia	60.1	28.0	9.1	0.7	2.1	57.9	29.3	9.0	0.4	3.4	55.4	26.1	13.0	2.2	3.3
	Increase funding intergeneration	50.7	32.1	13.6	1.0	2.6	53.3	31.0	11.5	3.1	1.1	58.1	22.6	16.1	1.1	2.2
	Increase funding elder carers	50.5	32.5	13.3	1.4	2.4	53.3	32.8	10.8	1.9	1.2	51.1	31.9	14.9	1.1	1.1
	Young Carer card	37.4	32.1	22.0	2.7	5.8	42.1	33.2	17.8	3.2	3.6	44.9	34.8	14.6	2.2	3.4
	Increase funding Mental Health services	59.5	28.0	8.9	1.4	2.1	64.6	28.8	6.2	0.0	0.4	64.1	22.8	9.8	1.1	2.2
	Support working carers	46.7	35.6	12.7	2.1	2.8	46.0	36.4	14.8	1.6	1.2	47.3	33.0	13.2	3.3	3.3
	Support carers returning to work	40.0	32.1	22.3	2.4	3.1	39.8	34.9	20.1	2.0	3.2	44.8	23.0	28.7	2.3	1.1
	Change working legislations	54.9	30.2	11.8	1.0	2.2	59.8	25.2	12.2	1.2	1.6	59.1	27.3	12.5	0.0	1.1
<b>Data by Young Carer and Working carers</b>		<b>CALD</b>					<b>Young</b>					<b>Working</b>				
		<b>%</b>					<b>%</b>					<b>%</b>				
		140					26					267				
		<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>	<b>Extrem</b>	<b>Very</b>	<b>S-what</b>	<b>Not</b>	<b>Undec</b>
		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>		<b>import</b>	<b>import</b>	<b>import</b>	<b>import</b>	
Grade the following	Evaluation of formal services	66.1	26.8	6.3	0.8	0.0	57.7	30.8	7.7	0.0	3.8	55.7	29.0	13.7	0.4	1.2
CNSW recommendations	Best practise for hidden carers	56.0	28.8	12.0	1.6	1.6	57.7	26.9	7.7	3.8	3.8	46.1	36.7	12.5	2.3	2.3
<b>rr=88-94%</b>	Increase funding respite	68.2	27.9	3.9	0.0	0.0	64.0	16.0	16.0	4.0	0.0	66.5	23.3	8.9	0.4	0.8
	Increase funding dementia	62.4	24.8	8.8	0.8	3.2	38.5	26.9	23.1	0.0	11.5	50.0	31.7	14.3	0.8	3.2
	Increase funding intergeneration	53.7	34.7	9.9	0.8	0.8	57.7	23.1	15.4	3.8	0.0	45.0	32.3	18.7	2.4	1.6
	Increase funding elder carers	54.0	33.9	10.5	0.8	0.8	50.0	23.1	15.4	7.7	3.8	45.0	33.3	17.3	2.8	1.6
	Young Carer card	43.2	30.5	18.6	2.5	5.1	76.0	16.0	8.0	0.0	0.0	36.0	31.6	23.1	3.6	5.7
	Increase funding Mental Health services	67.2	25.6	5.6	0.8	0.8	73.1	23.1	3.8	0.0	0.0	56.7	28.7	12.6	1.2	0.8
	Support working carers	45.3	39.3	9.4	3.4	2.6	57.7	23.1	15.4	3.8	0.0	56.2	34.2	9.2	0.4	0.0
	Support carers returning to work	44.0	30.2	19.0	4.3	2.6	61.5	19.2	19.2	0.0	0.0	41.3	31.5	24.4	0.8	2.0
	Change working legislations	57.6	30.5	7.6	1.7	2.5	76.0	16.0	8.0	0.0	0.0	65.7	24.8	9.1	0.0	0.4

<b>Length of caring role vs income &amp; costs</b>								
<i>Valid percentages</i>		<b>Length of caring role</b>						
<i>n</i>		<b>&lt; 6 mths</b>	<b>6 mths-2 yrs</b>	<b>3-5 yrs</b>	<b>6-10 yrs</b>	<b>11 -15 yrs</b>	<b>16-20 yrs</b>	<b>&gt;20 yrs</b>
		<i>5</i>	<i>76</i>	<i>145</i>	<i>206</i>	<i>117</i>	<i>83</i>	<i>155</i>
Participate in work etc	No	44.4	56.8	52.3	47.1	41.4	39.8	51.2
	Work	22.2	30.9	32.2	30.5	34.5	37.5	33.1
	Volunteer	22.2	7.4	16.8	18.1	26.7	17.0	21.7
	Education	0.0	4.9	6.0	6.7	9.5	8.0	4.2
	Other	11.1	9.9	2.7	5.7	5.2	9.1	2.4
Main source of income	Employment	33.3	28.4	24.8	24.7	24.8	32.2	25.0
	Other person's employment	11.1	16.0	12.4	12.1	16.5	18.4	17.9
	Age pension	22.2	22.2	24.2	23.7	20.7	28.7	26.2
	Carer Payment	11.1	16.0	26.1	30.7	33.1	23.0	24.4
	Carer Allowance	22.2	33.3	45.1	48.4	45.5	40.2	40.5
	Other govnt benefit	0.0	6.2	11.8	14.0	10.7	9.2	4.2
	Other source	33.3	24.7	21.6	20.5	17.4	8.0	13.7
Income/wk (Binned)	<= 350	60.0	35.5	38.2	41.8	53.4	43.8	46.4
	351 - 700	0.0	40.3	39.0	32.4	29.1	29.7	28.0
	701 - 1050	20.0	16.1	13.0	14.7	7.8	14.1	19.2
	1051 - 1400	20.0	0.0	5.7	8.2	2.9	7.8	4.8
	1401 - 1750	0.0	3.2	2.4	2.4	2.9	4.7	1.6
	1751 - 2100	0.0	1.6	1.6	0.6	1.9	0.0	0.0
	2451 - 2800	0.0	1.6	0.0	0.0	0.0	0.0	0.0
	2801 - 3150	0.0	1.6	0.0	0.0	1.0	0.0	0.0
	3851+	0.0	0.0	0.0	0.0	1.0	0.0	0.0
Household income/wk (Binned)	<= 350	16.7	7.7	4.3	9.3	8.1	15.6	6.0
	351 - 700	0.0	38.5	34.5	33.7	42.4	34.4	33.6
	701 - 1050	16.7	21.5	27.6	29.7	19.2	17.2	31.0
	1051 - 1400	50.0	15.4	17.2	8.7	12.1	14.1	12.9
	1401 - 1750	16.7	0.0	9.5	7.6	7.1	4.7	6.9
	1751 - 2100	0.0	9.2	5.2	7.0	3.0	9.4	3.4
	2101 - 2450	0.0	0.0	0.0	0.6	1.0	0.0	2.6
	2451 - 2800	0.0	3.1	0.0	0.6	1.0	0.0	1.7
	2801 - 3150	0.0	1.5	0.9	0.6	2.0	3.1	1.7
	3151 - 3500	0.0	1.5	0.0	1.2	1.0	0.0	0.0
	3501 - 3850	0.0	0.0	0.0	0.0	1.0	1.6	0.0
	3851 - 4200	0.0	0.0	0.0	0.0	1.0	0.0	0.0
	4201 - 4550	0.0	0.0	0.0	0.6	0.0	0.0	0.0
	4551 - 4900	0.0	0.0	0.0	0.0	1.0	0.0	0.0
4901+	0.0	1.5	0.9	0.6	0.0	0.0	0.0	
Borrow/use savings	No	77.8	60.5	46.4	35.8	35.8	35.6	41.3
	Yes	22.2	39.5	53.6	64.2	64.2	64.4	58.7
Hard paying basic items	No	88.9	67.5	66.7	54.9	53.4	59.8	68.3
	Yes	11.1	32.5	33.3	45.1	46.6	40.2	31.7
Additional costs	Home environment	60.0	44.7	43.4	60.2	51.3	50.6	57.4
	Special equipment	40.0	46.1	50.3	60.7	53.0	51.8	49.7
	Respite etc	20.0	38.2	47.6	59.2	53.0	56.6	66.5
	Travel costs	80.0	52.6	60.0	55.8	64.1	63.9	71.6
	Special food	40.0	27.6	31.0	33.5	35.0	20.5	31.0
	Medicines	40.0	69.7	69.7	77.7	76.9	66.3	67.1
	Indirect costs	40.0	38.2	49.7	60.2	67.5	63.9	61.3
	Other	0.0	11.8	9.7	11.2	19.7	15.7	7.7

<b>Level of support needed by CR</b>						
<i>Valid percentages</i>						
<b>Q24</b>	%	%	%	%	%	%
	<b>rr</b>	<b>Very high</b>	<b>High</b>	<b>Moderate</b>	<b>Low</b>	<b>None</b>
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Transport	94.7	63.7	17.8	10.8	4.1	3.7
Other support	11.7	57.0	25.0	5.0	1.0	12.0
<b>Sorted by Very High</b>						
Transport	94.7	63.7	17.8	10.8	4.1	3.7
Other support	11.7	57.0	25.0	5.0	1.0	12.0
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
<b>Sorted by High</b>						
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5
Other support	11.7	57.0	25.0	5.0	1.0	12.0
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Transport	94.7	63.7	17.8	10.8	4.1	3.7
<b>Sorted by Moderate</b>						
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5
Transport	94.7	63.7	17.8	10.8	4.1	3.7
Other support	11.7	57.0	25.0	5.0	1.0	12.0
<b>Sorted by Low</b>						
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5
Transport	94.7	63.7	17.8	10.8	4.1	3.7
Other support	11.7	57.0	25.0	5.0	1.0	12.0
<b>Sorted by None</b>						
Other support	11.7	57.0	25.0	5.0	1.0	12.0
Financial support	90.4	40.5	18.5	17.0	12.2	11.8
Physical assistance	93.2	25.6	21.7	28.6	16.2	7.8
Transport	94.7	63.7	17.8	10.8	4.1	3.7
Decision-making	95.7	48.5	24.8	14.7	8.6	3.4
Social support	94.8	46.2	32.2	14.6	4.8	2.2
Emotional support	95.7	50.1	31.2	14.0	4.3	0.5

<b>Wellbeing</b>							
<i>Valid percentages</i>							
<b>Q27 How carer feels</b>	<b>rr</b>	<b>Always</b>	<b>Often</b>	<b>Sometimes</b>	<b>Rarely</b>	<b>Never</b>	<b>N/A</b>
Cope well	97.3	18.8	42.1	34.4	3.6	1.0	0.1
Demanding	98.6	47.9	29.6	18.9	2.7	0.8	0.1
Difficulties in relationships w friends	98.0	21.1	27.6	31.9	10.4	7.8	1.2
Negative effect on physical health	98.4	18.9	24.4	38.7	10.1	6.9	1.0
Difficulties in relationship with family	97.7	15.3	24.0	31.3	13.2	12.8	3.4
Financial difficulties	97.1	20.0	19.5	27.5	17.6	13.4	1.9
Supported by friends/neighbours	97.7	9.1	14.9	35.7	23.4	14.9	2.0
Good relationship with CR	98.0	60.5	27.8	9.0	1.7	0.6	0.5
Supported by formal services	97.9	13.3	22.0	37.3	17.6	7.3	2.5
Appreciated as carer	96.8	17.9	17.2	32.2	22.4	9.6	0.8
Negative effect on emotional health	98.0	17.6	35.0	34.8	8.4	3.7	0.6
Overall, well supported	97.7	8.0	19.7	39.6	23.3	8.6	0.8

<b>Q28 Difficulties being a carer (sorted)</b>	<b>Total n=854</b>
Concerns re future	82.4
Time constraints	74.1
Emotional constraints	61.4
Own health/wellbeing	56.2
Lack recogn governments	49.6
CRs declining health	48.5
No support family/friends	45.3
Lack of services	44.1
Financial: caring expensive	39.7
Lack recogn family/friends	30.5
Financial: give up work	29.9
Other	10.4
No difficulties	4.6

<b>Q29 What would make it easier (sorted)</b>	<b>Total n=854</b>
Better financial support	55.4
Recogn governments	54.7
More support from formal services	54.2
More respite	46.4
Recogn family/friends/comm	38.1
Carer SGs	29.5
Education/training	24.2
Other	13.3
Nothing, not hard	4.6
Nothing	3.0

<b>IT</b>		<b>Total</b>
<i>Valid percentages</i>		%
n		854
Computer	No	20.7
	Yes	79.3
Computer where	Home	94.3
	Library	2.7
	Work	1.8
	Friend's home	0.2
	Family's home	0.5
	Shopping centre/IT cafe	0.5
Internet	No	21.9
	Yes	78.1
Mobile phone	No	13.8
	Yes	86.2
IT services	No	98.2
	Yes	1.8

<b>Advocacy</b>						
<i>Valid percentages</i>						
<b>Q40</b>	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Respite services	94.4	67.6	24.8	6.7	0.5	0.4
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
<b>Sorted by Extremely important</b>						
	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Respite services	94.4	67.6	24.8	6.7	0.5	0.4
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
<b>Sorted by Very important</b>						
	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Respite services	94.4	67.6	24.8	6.7	0.5	0.4
<b>Sorted by Somewhat important</b>						
	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
Respite services	94.4	67.6	24.8	6.7	0.5	0.4
<b>Sorted by Not important</b>						
	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Respite services	94.4	67.6	24.8	6.7	0.5	0.4
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
<b>Sorted by Undecided</b>						
	<b>rr</b>	<b>Extremely important</b>	<b>Very important</b>	<b>Somewhat important</b>	<b>Not important</b>	<b>Undecided</b>
Young carers comp card	88.2	39.7	32.9	19.7	2.9	4.8
Training to return to workforce	88.5	40.6	31.9	22.4	2.2	2.9
Services for Dementia carers	92.6	58.7	28.3	9.6	0.8	2.7
Support Working carers	90.0	46.6	35.6	13.4	2.1	2.3
Research Intergeneration carers	90.7	52.4	30.7	13.2	1.7	2.1
Best practise to reach Hidden carers	93.8	52.6	32.5	11.7	1.2	2.0
Flexible work Legislation	89.3	57.1	28.2	11.9	0.9	1.8
Services Elder carers	91.2	51.5	32.6	12.6	1.5	1.8
Mental Health services	91.5	61.8	27.5	8.2	0.9	1.5
Evaluation formal services	94.5	63.6	28.0	7.4	0.4	0.6
Respite services	94.4	67.6	24.8	6.7	0.5	0.4

## INTRODUCTION

## ABOUT THE SURVEY

Carers NSW invites you to take part in our survey for carers.

Carers NSW is an organisation for people who provide unpaid care and support to a family member or friend who has a disability, mental illness, drug and alcohol dependencies, terminal illness, chronic condition or who is frail.

With this survey we would like to get information about carers and their needs so that we can send recommendations to the NSW Government about how to best support carers. The information from this survey will be used to help inform our submissions to the NSW Government's budget for 2011-2012 and for next year's state election.

If you choose to take part in this survey, you can do so by:

Filling in this form and sending it back to Carers NSW by 23 August 2010 using the enclosed envelope (you do not have to attach a stamp).

Going to the Carers NSW website at [www.carersnsw.asn.au](http://www.carersnsw.asn.au) and doing the survey online.

If you are between 18 and 25 years you can also do the survey online at the NSW Young Carers website [www.youngcarersnsw.asn.au](http://www.youngcarersnsw.asn.au).

Please note that this survey is for carers who are over the age of 18. Any information or personal details that you give us in the survey are confidential and will not be shared with anyone. No person will be identified in any publication of results. Only the policy team at Carers NSW will see the data. We may anonymously quote some of your answers to support our arguments in policy documents or published material. Please let us know if you do not want your answers to be quoted in our policy documents or published material.

## SECTION 1

## ABOUT YOU, THE CARER

*The first part of the questionnaire is about YOU, the carer. Please tick the box that applies most to you.*

1. What is your gender?  Female  Male
2. How old are you? \_\_\_\_\_ years old
3. Are you from an Aboriginal and/or Torres Strait Islander background?  Yes  No
4. Are you from a culturally or linguistically diverse background?  
 Yes, country of origin \_\_\_\_\_  No
5. Do you speak a language other than English at home?  Yes  No
6. What is your highest level of education?  
 Bachelor degree or above  Advanced Diploma or Diploma  
 Certificate  High school year 12 or equivalent  
 High school year 10 or equivalent  Other, please specify \_\_\_\_\_
7. How would you describe the geographic area you live in?  
 Urban/metropolitan area  Regional area  Rural or remote area

8. What best describes your living situation?
- |                                                               |                                                                                    |
|---------------------------------------------------------------|------------------------------------------------------------------------------------|
| <input type="checkbox"/> Own my home without a mortgage       | <input type="checkbox"/> Own my home with a mortgage                               |
| <input type="checkbox"/> Rent my home from a private landlord | <input type="checkbox"/> Live in a home which belongs to the Department of Housing |
| <input type="checkbox"/> Live in Aboriginal Housing           | <input type="checkbox"/> Live in a home which belongs to my family or relatives    |
| <input type="checkbox"/> Live in a Retirement village         | <input type="checkbox"/> Other, please specify _____                               |
9. As well as being a carer, do you work, in paid or voluntary work, or do you study? (Please tick all that apply.)
- |                                                         |                                                         |
|---------------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> No                             | <input type="checkbox"/> Work _____ hours per week      |
| <input type="checkbox"/> Volunteer _____ hours per week | <input type="checkbox"/> Education _____ hours per week |
| <input type="checkbox"/> Other, please specify _____    |                                                         |
10. What is your main source/s of income? (Please tick all that apply.)
- |                                                                                                                        |                                                                         |
|------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <input type="checkbox"/> Income from employment                                                                        |                                                                         |
| <input type="checkbox"/> Income from other person's employment, please specify who (for example mother, husband) _____ |                                                                         |
| <input type="checkbox"/> Age pension                                                                                   | <input type="checkbox"/> Carer Payment                                  |
| <input type="checkbox"/> Carer Allowance                                                                               | <input type="checkbox"/> Other government benefit, please specify _____ |
| <input type="checkbox"/> Other source, please specify _____                                                            |                                                                         |
11. What is your weekly income (before tax)? If you do not know the exact amount, please give an estimate.  
\$ \_\_\_\_\_ per week (before tax)
12. What is your household's weekly income (before tax)? Please include your partner or other family members' income (for example pension, disability support pension). If you do not know the exact amount, please give an estimate.  
\$ \_\_\_\_\_ per week (before tax)

## SECTION 2

## YOUR ROLE AS A CARER

*The following part is about your role as a carer.*

13. How many people do you provide care to? \_\_\_\_\_
14. Who do you provide care to? (Please tick all that apply.)
- |                                                               |                                          |                                              |
|---------------------------------------------------------------|------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Parent or parent-in-law              | <input type="checkbox"/> Husband or wife | <input type="checkbox"/> Partner             |
| <input type="checkbox"/> Child (under the age of 18)          | <input type="checkbox"/> Child (adult)   | <input type="checkbox"/> Neighbour or friend |
| <input type="checkbox"/> Other relative, please specify _____ |                                          |                                              |
| <input type="checkbox"/> Other, please specify _____          |                                          |                                              |
15. How many hours each day do you spend on caring?
- |                                                                                                 |                                                |                                               |
|-------------------------------------------------------------------------------------------------|------------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Less than 1 hour per day                                               | <input type="checkbox"/> 1 - 5 hours per day   | <input type="checkbox"/> 6 - 10 hours per day |
| <input type="checkbox"/> 11 - 15 hours per day                                                  | <input type="checkbox"/> 16 - 20 hours per day |                                               |
| <input type="checkbox"/> Other, please specify (for example once a week or twice a month) _____ |                                                |                                               |
16. How long have you been a carer?
- |                                             |                                             |                                        |
|---------------------------------------------|---------------------------------------------|----------------------------------------|
| <input type="checkbox"/> Less than 6 months | <input type="checkbox"/> 6 months - 2 years | <input type="checkbox"/> 3 - 5 years   |
| <input type="checkbox"/> 6 - 10 years       | <input type="checkbox"/> 11 - 15 years      | <input type="checkbox"/> 16 - 20 years |
| <input type="checkbox"/> 20 years or more   |                                             |                                        |

17. Has caring resulted in any additional financial costs for you?

- |                                                 |                              |                             |
|-------------------------------------------------|------------------------------|-----------------------------|
| Adaptation of the home environment              | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Purchase of special equipment or furniture      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Costs for respite or other services             | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Travel costs                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Special food                                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Medicines                                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Indirect costs such as loss of income and super | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Other, please specify _____                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

18. Have you had to borrow money or use your savings because of your caring role?

- Yes  No

19. Have you had trouble paying for basic items over the past 12 months?

(For example, electricity, car registration, groceries.)

- Yes  No

**SECTION 3**

**THE PERSON YOU PROVIDE CARE FOR**

*The next part is about the person you provide care for. If you provide care for more than one person, please answer the following questions with the person you provide the MOST care for in mind.*

20. What is the gender of the person you provide care for?

- Female  Male

21. How old is the person you provide care for? \_\_\_\_\_ years of age

22. Where does the person you provide care for live?

- At home with me  In their own home  In supported accommodation  
 Other, please specify \_\_\_\_\_

23. In your opinion what is the main condition of the person you provide care for? (Please tick all that apply.)

- |                                                             |                                                      |
|-------------------------------------------------------------|------------------------------------------------------|
| <input type="checkbox"/> Physical disability                | <input type="checkbox"/> Intellectual disability     |
| <input type="checkbox"/> Dementia or Alzheimer's            | <input type="checkbox"/> Mental illness              |
| <input type="checkbox"/> Other chronic illness or condition | <input type="checkbox"/> Drug or alcohol dependency  |
| <input type="checkbox"/> Frailty, due to ageing for example | <input type="checkbox"/> Other, please specify _____ |

24. Please describe the types and levels of support needed by the person you provide care for.

Tick one box for each row. If this type of support is not needed, tick none.

	VERY HIGH	HIGH	MODERATE	LOW	NONE
Physical assistance					
Decision-making					
Emotional support					
Social support					
Financial support					
Transport eg to doctors appointments					
Other (please specify) _____					

25. If you were ill is there anybody who would step in to help care?
- Yes, I could find someone quite easily (for example husband or partner)
  - Yes, I could find someone but with some difficulty
  - No, there is no one

26. If you needed a break from your caring role is there someone who would take over your caring responsibilities?
- Yes, I could find someone quite easily (for example husband or partner)
  - Yes, I could find someone but with some difficulty
  - No, there is no one

**SECTION 4** **HOW YOU FEEL ABOUT BEING A CARER**

*The next set of questions is about how you feel about being a carer.*

27. How do you feel in your role as a carer?  
 Tick one box for each row. If this question does not relate to you, tick not applicable = N/A.

	ALWAYS	OFTEN	SOMETIMES	RARELY	NEVER	N/A
Do you feel you cope well as a carer?						
Do you find it demanding being a carer?						
Does your caring role cause difficulties in your relationships with friends?						
Does your caring role have a negative effect on your physical health?						
Does your caring role cause difficulties in your relationships with other family members?						
Does your caring role cause you financial difficulties?						
Do you feel supported by friends or neighbours?						
Do you have a good relationship with the person you care for?						
Do you feel well supported by health and community services?						
Do you feel appreciated as a carer?						
Does your caring role have a negative effect on your physical health?						
Does your caring role have a negative effect on your emotional wellbeing?						
Overall, do you feel well supported in your role as a carer?						

28. What is the most difficult part about being a carer? (Please tick all that apply.)
- Getting no or very little support from formal services
  - Not having enough time to do other things
  - Not having enough money because caring is expensive
  - Not having enough money because I have had to give up work

*Question 28 continued over page...*

- Worrying about the future for the person I provide care to
- Getting no or very little support from family and friends
- The health of the person I provide care for is getting worse
- Not getting recognition for my caring role from friends and family
- Not getting recognition for my caring role from governments
- Emotional and social isolation
- My own health suffers from my caring role
- Nothing, I don't think being a carer is difficult
- Other, please specify \_\_\_\_\_

29. What would make your role as a carer easier/better for you? (Please tick all that apply.)

- More support from formal services
- More respite
- Better financial support
- Education and training
- Carer support groups
- Nothing would help
- Recognition of my caring role from family, friends and the community
- Recognition of my caring role from governments
- Nothing, because caring is not hard for me
- Other, please specify \_\_\_\_\_

## SECTION

## USING HEALTH AND COMMUNITY CARE SERVICES

*The following questions are about the help YOU get from formal services in your caring role.*

30. Do YOU get any help from formal care services in your caring role?

- Yes, please tick which type of services:
  - Aboriginal Specific Home Care
  - Aged Care Assessment Teams (ACAT)
  - Carer Line and National Carer Counselling Program (NCCP)
  - Commonwealth Respite and Carelink Centres (CRCCs)
  - Home and Community Care (HACC)
  - Disability services
  - Other, please specify \_\_\_\_\_
- No, please specify if you do not get any help:
  - I have been assessed for help and I am on a waiting-list to get it  
How long have you waited? \_\_\_\_\_ months \_\_\_\_\_ years
  - I have been assessed for help but I can't get it  
Why? Please specify \_\_\_\_\_
  - I don't know where to find help
  - I don't want any help
  - I don't need any help

31. Is there any other help you would like to get?

These could be services for yourself, or the person you provide care for. (Please tick all that apply.)

Yes, please tick which type/s of services:

- Respite services
- Education and training
- Community care services (for example home nursing, meal delivery, community transport)
- Other, please specify \_\_\_\_\_
- Counselling
- Carer support groups

No, please specify why:

- I don't need any other help
- I don't want any other help
- Other, please specify \_\_\_\_\_

32. Is the person you provide care for waiting to move into residential supported accommodation?

- Yes, please tell us how long they have waited? \_\_\_\_\_ months \_\_\_\_\_ years
- No
- No, already lives in supported accommodation

33. Where would you seek information if you needed help in your caring role? (Please tick all that apply.)

- Carer Line
- Newsletter
- Carer counselling services
- Other, please specify \_\_\_\_\_
- Centrelink
- Internet
- Commonwealth Respite and Carelink Centre
- Local Library
- Carer support groups
- I don't know

34. Where else would you like to be able to find information about services and support for you as a carer? (Please tick all that apply.)

- GP or other health practitioner
- Local newspaper
- Hospital
- Other, please specify \_\_\_\_\_
- Community centre
- Pharmacy

35. Do you have access to a computer? (For example at home, at the library)

- Yes, please specify where \_\_\_\_\_
- No

36. Do you have access to the Internet?

- Yes
- No

37. Do you have access to a mobile phone?

- Yes
- No

38. Do you, or the person you provide care for, get any services via Information Technology? (For example Telehealth)

- Yes, please specify \_\_\_\_\_
- No

## SECTION 6

## ADVOCACY

*The following part is about the work Carers NSW does in order to support you as a carer. To inform our efforts to help carers we would like to learn more about how you think governments can better support you.*

39. What is the single most important issue that YOU as a carer would like to see the NSW Government focus on? (Please tick one only.)

- Increase in funding for respite services
- Funding for research into carer related issues
- Increase in consumer directed care (for example self managed funding)
- Other, please specify \_\_\_\_\_
- Increase in funding for mental health
- Better support and flexibility for carers in the workplace

40. Each year Carers NSW gives recommendations to the NSW Government about how to best support carers. This information comes from surveys like this one, where carers tell us about what they need. How would you grade the following recommendations? (Please tick the appropriate box for each recommendation.)

	EXTREMELY IMPORTANT	VERY IMPORTANT	SOMEWHAT IMPORTANT	NOT IMPORTANT	UNDECIDED
Better government evaluation of formal services to make sure they are effective and in line with carers needs					
Funding to develop a best practice model for reaching hidden carers who don't access formal services					
Increase in funding for respite services for all carers in NSW					
Increase in funding for services which help carers of people with dementia					
Increase in funding for research into specific needs of carers who have both child and adult care responsibilities					
Increase in funding for services that support elder carers (carers between the age of 35-54 who care for older family members)					
Funding to introduce a Young Carers Companion Card					
Increase in funding for mental health services					
Increase in funding to support working carers to be able to maintain their paid employment					
Funding for training for carers who want to return to the workforce					
Changing the legislation so all working carers in NSW have the right to request flexible work arrangements					

41. What other recommendations could Carers NSW make to the NSW Government to better support YOU as a carer?

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42. Have you heard of the Carers Recognition Act 2010 which was passed by the NSW Government in May 2010?

Yes

No

43. Have you heard of the NSW Carers Action Plan 2007-2012?

Yes

No

**SECTION 7**

**CARERS NSW**

*The last part of the questionnaire is about Carers NSW.*

44. Have you heard of Carers NSW before today?

Yes, I'm a member

Yes, but I'm not a member

No

If yes, please tell us where you found out about Carers NSW?

Radio/TV/Newspaper

Family/friend/word of mouth

Carers NSW website or Young Carers website

Hospital

GP or other health practitioner

Carer support group (which one?) \_\_\_\_\_

Service provider (which one?) \_\_\_\_\_

Other, please specify \_\_\_\_\_

45. How did you get this questionnaire?

Mail

Carers NSW or Young Carer websites

Family/friend

Carer support group (which one?) \_\_\_\_\_

Service provider (which one?) \_\_\_\_\_

Other, please specify \_\_\_\_\_

46. Finally, are there any other comments you would like to make?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you give permission for Carers NSW to quote your responses in future policy and advocacy submissions or published material?  Yes  No

**THANK YOU FOR COMPLETING THIS SURVEY – your input is greatly appreciated.**

Please send the completed survey back to Carers NSW in the reply paid envelope.