

6 February 2008

New office for Carers NSW in Dubbo

On Thursday 14 February the new Dubbo office of Carers NSW will be officially opened by Dawn Fardell MP, Independent Member for Dubbo.

Chief Executive Officer of Carers NSW, Elena Katrakis, said the new office will allow Carers NSW to help even more carers in the Dubbo area.

“Carers NSW has been operating in Dubbo since 2006, and this new office, which has a shop front allowing carers to drop in, will mean our services are accessible to a greater number of local carers,” said Ms Katrakis.

“We run two vital programs in Dubbo for carers – the Family and Carer Mental Health Program and the Older Parent Carer program.

“The Family and Carer Mental Health Program provides support, advocacy and education to family and carers of people with mental health problems. We know it can be really tough for carers in this situation so our program is critical in helping them access the help and support they tell us they need,” said Ms Katrakis.

“Similarly, our Older Parent Carer program offers help and support to another group of carers who may struggle with their caring responsibilities – older carers looking after an adult child with a disability. Many of these carers have been going it alone for many years, often without access to adequate support services or breaks from caring. Our program will help them access services they may need to support them in their caring role.

“In addition Carers NSW also offers a range of services for carers including counselling, advice, publications and information and referral.

“We encourage carers to drop in to our new office which is located along the pathway to the Old Dubbo Gaol at Shop 2, 90 Macquarie St, or telephone our helpful staff on 6884 7200 to find out more about these services and programs,” said Ms Katrakis.

What: opening of new Dubbo office of Carers NSW

Who can attend: All media welcome

When: Wednesday 14 February 2008, 11am

Where: Shop 2, 90 Macquarie St, Dubbo (along the pathway to the Old Dubbo Gaol).

Carers are family members or friends who provide unpaid care for people with a disability, mental health problem, chronic condition or who are frail aged. Carers NSW is the peak organisation for carers in New South Wales and the only state-wide organisation that has carers as its primary focus.

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