

17 October 2011

## **NATIONAL CARERS DAY** **'Anyone, Anytime'** Martin Place, Sydney **Tuesday 18 October 2011 // 8am – 2pm**

As part of National Carers Week (16-22 October 2011), Sydney will acknowledge and celebrate the role of carers with a free event in the heart of Sydney: **Carers Day Out on Tuesday 18 October 2011.**

**Carers Day Out** is an opportunity for the community to come together to celebrate those that give their time, energy and love – unpaid - to care for a friend, partner or family member. Everyone - including carers, their families and friends, and the general public - is invited to join together with a range of government and non-government service providers for this day of information and entertainment.

Conditions such as chronic illness, disability, mental illness or drug and alcohol addiction do not discriminate by age, culture, sexuality or gender, therefore this year's theme is **'Anyone, Anytime'**, highlighting that anyone may find themselves in a caring role – planned or unplanned – at any time in their life.

Thanks to a collaboration between Babana Aboriginal Men's Group, Carers NSW, City of Sydney, Department of Human Services – Centrelink, MTC Work Solutions, and Ageing, Disability and Home Care (ADHC) guests will have access to a range of information and resource stalls, free goodies, and a sausage sizzle from 11am – 1pm. The event will also include special appearances and performances by:

- **Arthur Beetson**
- **Glen Doyle**
- **Terry Olsen**
- **Tansy Mayhew**
- **Vic Simms**

This event is free, does not require registration and is open to carers, their families and friends, and the general public.

### **Travel**

- Martin Place railway station is located underground. Also nearby are St James railway station (near Macquarie Street end) and Wynyard railway station (near George Street end).

### **Proudly brought to you by:**

Babana Aboriginal Men's Group Inc / Carers NSW / City Of Sydney / Department of Human Services - Centrelink / MTC Work Solutions / Ageing, Disability and Home Care (ADHC)

**For more information about Carers Week, go to <http://carersaustralia.com.au/carersweek> or contact Emma George on 0400 061 100 or [emma@carersnsw.asn.au](mailto:emma@carersnsw.asn.au).**