

Partnerships for Better Health Outcomes: Carers and Professionals working together

Thursday 8 and Friday 9 March 2007, Dockside, Cockle Bay, Sydney

The conference is organised by Carers NSW and funded by NSW Health through the NSW Carers Program. Carers NSW is the peak body for relatives and friends who provide support to people with a disability, mental illness, chronic condition, or who are frail aged.

This conference for professionals in acute, primary, community health and community care will be held in Sydney over two days. It will bring together health and community care professionals from across NSW to provide an opportunity to explore practices, ideas, research and initiatives in carer support.

Keynote Speakers



Professor Bettina Cass - 'Caring Lives: Employment, health and wellbeing issues for young carers, mid-age carers and grandparent carers - implications for good policy & practices'.

This presentation will focus on how caring is experienced by young carers, mid-aged carers and grandparent carers in Australia - what does the research tell us about their diverse circumstances; the benefits of the care which they provide for family members and friends; and the impacts on their own employment, health and wellbeing. For three decades Professor Bettina Cass has carried out research on social policy, family policy, care and employment policies, in Australia and comparatively in the UK and USA. Bettina Cass is a Professorial Fellow at the Social Policy Research Centre at the University of NSW.



Dr Jayne Lucke - 'How can we help carers to care? An update from the Australian Longitudinal Study on Women's Health.'

This presentation will examine data from the Australian Longitudinal Study on Women's Health about the health of middle and older age carers and their access to health and community services.

Dr Jayne Lucke is a Senior Research Fellow with the Australian Longitudinal Study on Women's Health at the University of Queensland. Her academic research has focused on women's sexual and mental health and she has also worked closely with community and aged care services.



Dr Deanna Pagnini - 'Longer term impacts of carer education and training programs for families and carers of people with mental illness.'

This presentation will examine findings from a longitudinal survey of 68 adult carers who participated in education programs run by Carers NSW through the Carers Mental Health Project.

Dr Deanna Pagnini has a PhD in Sociology from the University of North Carolina at Chapel Hill (USA). Experienced in both qualitative and quantitative methodologies, she provides research, evaluation, policy analysis and program development services to government and non-government organisations. Dr Pagnini was the external evaluator for the Carers NSW Carers Mental Health Project and the author of the Carer Life Course Framework.

Facilitator of the Carer Panel



Dr Norman Swan, host of the ABC radio Health Report, is a multi-award winning broadcaster and journalist. One of the first medically qualified journalists in Australia, Dr Swan was born in Scotland, and graduated in medicine from the University of Aberdeen and later obtained his postgraduate qualifications in Paediatrics.

Dr Norman Swan joined the ABC in 1982, was named Australian Radio Producer of the Year in 1984 and was awarded a Gold Citation in the United National Media Peace Prizes for his radio work. He has won three Walkley National Awards for Australian journalism and has twice won Australia's top prize for Science Journalism, the Michael Daly Award. In 2004 he was awarded the Medal of the Australian Academy of Science, an honour that is rarely given, and the Royal College of Physicians of Glasgow has made him a Fellow. He has been the Australian correspondent for the Journal of the American Medical Association and the British Medical Journal.

Registration Form

To register for this conference, please complete the two page Registration Form and return it to the Conference Organiser with your payment, prior to Friday 2 March 2007.

CONFERENCE ORGANISER
PO Box 20156, World Square 2002
Fax: (02) 9280 4755 attention: Conference Organiser

A separate form is required for each registration. Photocopies and faxes are acceptable. For additional forms, please contact the Conference Organiser, photocopy this form, or visit www.carersnsw.asn.au
 Registrations will not be processed nor confirmed until full payment is received.

Title (Prof/Dr/Ms/Mr)		Surname	
First Name			
Preferred name on lapel badge			
Organisation/University/Hospital			
Employment Position			
Area Health Service (if applicable)			
Postal Address			
Suburb/Town	State	Postcode	
Phone	Fax		
Mobile	Email		

Conference Registration Fees (Conference registration includes GST)

Early bird registration (before Thursday 25 January 2007)	■ \$195.00
Full registration	■ \$250.00
Single Day Registration	■ \$150.00 (per day)
Day of attendance (please tick)	<input type="checkbox"/> Thursday 8 March <input type="checkbox"/> Friday 9 March
Presenters: Sole presenter	■ Free
Co-presenter (one only per paper)	■ \$165.00

Registrations must be received prior to Friday 2 March 2007

Do you require wheelchair access? _____

Dietary requirements (please detail) _____

Other requirements (please detail) _____

Networking Function Attendance

There will be a social networking cocktail party (Thursday 8 March 5:00 to 7:00pm) at no additional cost.

Please indicate your intention to attend this social event YES NO

Delegate List

Unless indicated below, all delegates' names, organisations and email addresses will be printed on the delegates list.

I do not agree to my name, organisation and email address being on the delegate list to be distributed to all delegates.

Method of Payment

Upon receipt of payment, this form becomes a Tax Invoice ABN 45-461-578-851

Please find enclosed cheque/money order payable to Carers NSW Inc

Please charge the total amount to the following credit card

Mastercard

Visa

Bankcard (please tick)

Card number

Name on card _____ Expiry date _____

Billing address _____

Signature _____ Date _____ Amount _____

Concurrent Sessions

Please indicate below your first and second preference for the concurrent sessions; refer to program and abstracts for more information. This will assist in the allocation of rooms; each session will have limited seating.

Session 3 – Thursday 8 March at 1:50pm – 2:50pm

Please tick to indicate your first and second preference

- A. Acute Care Experiences: Carer Friendly Practices
B. Developing Resilience
C. Theory and Practice in Carer Support: The challenges

1st preference

2nd preference

- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Session 6 – Friday 9 March at 9.30am – 10.10am

Please tick to indicate your preference

- A. Longer Term Impacts of Carer Education & Training for Families & Carers of People with a Mental Illness
B. How Can we Help Carers to Care? An update from the Australian Longitudinal Study on Women's Health

- | |
|--------------------------|
| <input type="checkbox"/> |
| <input type="checkbox"/> |

Session 7 – Friday 9 March at 10:40am – 11:40am

Please tick to indicate your first and second preference

- A. Indigenous Carers Moving Forward
B. Making the Connections: Supporting CALD Carers
C. I'm Comfortable at Home: Supporting Carers in Palliative Care

- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Session 8 – Friday 9 March at 11:45am – 12:45pm

Please tick to indicate your first and second preference

- A. Carers in Acute Care: Carer Inclusion
B. Supporting Parent Carers
C. Carer Support Groups

- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Session 9 – Friday 9 March at 1:45pm – 2:45pm

Please tick to indicate your first and second preference

- A. Patient Focused Carer Centred
B. Reaching Invisible Carers
C. Unravelling the Maze: Supporting Carers in Mental Health

- | | |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Cancellation Policy

Requests for refunds must be made in writing, or via email. Refunds will be paid less 30% administration fee if received before 2 March 2007. No refunds will be paid after this date, however substitute delegates will be welcome at no additional charge. Notification of substitute delegates must be made in writing to the Conference Organiser. Any applicable refunds will be made after the conference.

Additional information

Delegates need to arrange their own travel and accommodation. Location Map and details on directions, parking and accommodation options, will be sent with the confirmation letter or please go to www.carersnsw.asn.au

Program

Thursday 8 March 2007 – 10am – 4:45pm (networking session 5:00 – 7:00pm)

10:00 – 10:30am Registration/ Tea and Coffee

10:30 – 12:00 **Session 1**

Welcome to Country *Aboriginal Elder – Charles Madden*
Welcome *President, Carers NSW – Laraine Toms*
Conference Opening
Keynote Presentation: Professor Bettina Cass AO FASS

12:00 – 12:50pm Lunch

1:00 – 1:45pm **Session 2**

Overview of Carer Support in NSW: CEO Carers NSW – Elena Katrakis and a representative panel from CCRC/Carelink, AHS Carer Support and Family & Carer Mental Health Program.

1:50 – 2:50pm **Session 3 – concurrent sessions – choice of option A, B, C**

A. Acute Care Experiences: Carer Friendly Practices

- Enhancing Carer Friendly Health Practices
- The Right Information at the Right Time: The results of a carer pilot project

B. Developing Resilience

- The Short and Long Term Impacts of Counselling for Carers
- Mind Yourself: A personal and skills development program for carers

C. Theory and Practice in Carer Support: The challenges

- How do you Know What Works? Finding theoretical perspectives for effective carer support
- Health and the Community Sector: Why do we need sustainable collaborative partnerships?

2:50 – 3:25pm Afternoon tea/ Area Health Service Carer Support Officers' Poster Displays

3:30 – 4:45pm **Session 4**

Carer Panel - facilitated by Dr Norman Swan MBChB, FRCP, DCH
Networking Session (hors d'oeuvres and drinks provided)

5:00 – 7:00pm

Friday 9 March 2007 – 8:30am – 4:30pm

8.30 – 9:00am Registration/ Tea and Coffee/ Poster Displays

9:00 – 9:25am **Session 5**

Carer Perspective Performance

9:30 – 10:10am **Session 6 – concurrent keynote presentations**

Keynote Presentations: Longitudinal Studies

- Dr Deanna Pagnini - Longer Term Impacts of Carer Education and Training Programs for Families and Carers of People with a Mental Illness
- Dr Jayne Lucke - How can we help Carers to Care? An update from the Australian Longitudinal Study on Women's Health

10:10 – 10:35am Morning tea/ Poster Displays

10:40 – 11:40am **Session 7 – concurrent sessions – choice of option A, B, C**

A. Indigenous Carers Moving Forward

- Art as a Process of Healing in Working with Aboriginal Carers: A practical and creative approach
- Practical Application in Developing Sustainable Partnerships and Resources in Indigenous Communities

B. Making the Connections: Supporting Culturally and Linguistically Diverse (CALD) Carers

- Making it Work: The theory and practice of partnering with carers from CALD backgrounds
- Reaching Out and Connecting to CALD Carers has created a Cambodian Tapestry

C. I'm Comfortable at Home: Supporting Carers in Palliative Care

- There's no Place Like Home: Challenges in practical support for home based palliative care.
- Supporting and Educating Carers in Palliative Care
- A Community Collaborative Model of Care for People with End Stage Dementia

11:45 – 12:45pm **Session 8 – concurrent sessions – choice of option A, B, C**

A. Carers in Acute Care: Carer Inclusion

- Carer Inclusiveness Acute Service Delivery: Beyond the rhetoric!
- Knowing is Understanding: Carers' experiences supporting people with mental disorders dealing with hospitals

B. Supporting Parent Carers

- Building Links: Support and education for parents of newly diagnosed children of autism spectrum disorders
- FamilyCare: A partnership making a difference.

C. Carer Support Groups

- Effective Partnerships in Dementia Care: The findings from the Quality Support Groups Research Project
- Caring Through the Ages: Experiences from the Wellington carers support group

12:45 – 1:35pm Lunch/ Poster Displays

1:45 – 2:45pm **Session 9 – concurrent sessions – choice of option A, B, C**

A. Patient Focused Carer Centred

- Combination Therapy for Chronic Hepatitis C: A family impact study
- Carer Support in Palliative Care: What do carers want?

B. Reaching Invisible Carers

- The Hummingbird Project: Young carers, who are the experts?
- Working Carers: Australia's ageing army

C. Unravelling the Maze: Supporting Carers in Mental Health

- Partnerships in Action: The development of the Family and Carer Mental Health Program
- Hope for Carers: Stronger partnerships for sustainable change in Working With Families in Mental Health

2:55 – 3:30pm **Session 10**

Older Women's Network Performance

Close

President Carers NSW – Laraine Toms