

## Always Liza to Me

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Carers News has two copies of *Always Liza to Me* by Cecilia Rice to give away. To be in the running to win one of these FREE copies, send your name and address to Carers NSW by email to [contact@carersnsw.asn.au](mailto:contact@carersnsw.asn.au) or to the Librarian, Carers NSW, PO Box 20156, World Square, NSW 2002 by 15 November 2010. The winner will be announced in the next *Carers News*.

Winner of the book *Lost in a Mind Field* by Neil Phillips is Terry Myers of West Ryde and *Wheels in Motion* by Laura McGee is C Clasio of South Penrith. Congratulations!

## You may have missed...

*"Hit The Road Jack" on Australian Story ABC1 on Monday 30 August 2010.*

See the program or read the transcript at [www.abc.net.au/austory/](http://www.abc.net.au/austory/)

Jack Heath is a former diplomat and speech writer who once worked as a senior advisor to Prime Minister, Paul Keating. But a series of confronting events led him to abandon his mainstream ambitions and strike out in a whole new direction. Now he's helping to transform the lives of young people and prevent youth suicide both in Australia and around the world through ReachOut.com and Inspire.

# More from Carers NSW

## Board Elections and Board Membership



It is time once again for our members to think about Board elections and Board membership. If you are a recent member of Carers NSW you may not be aware how the process of Board elections 'works', or what Board membership actually means so I would like to take this opportunity to give you a brief overview.

Carers NSW has a Board of Directors, elected by our members. The responsibility of the Board is governance of the organisation, just as it is for any other Board whether the organisation is a large corporate company or a small non-government charity. The Board manages risks to the organisation, sets strategic direction, is responsible for its financial viability, employs the Chief Executive Officer (CEO), and must ensure that the organisation complies with the law. Daily operations are the responsibility of the CEO who reports to the Board. The Board is ultimately accountable to you, the members of Carers NSW.

Carers NSW Constitution allows for 12 Board members and three co-opted members. Co-opted members are people who are approached by the Board to consider membership because they have particular skills or experience needed by the Board. Co-opted members may choose to stand for election by members after 12 months if they wish to do so. Each Board member must stand down after three years service, but is entitled to stand again for re-election.

This year we have three (3) Board vacancies. All members of Carers NSW are encouraged to participate

in the Board election process by voting – voting papers will be sent to you later in the year – or by standing for election. Nomination papers are included in this edition of *Carers News*.

If you would like more information about the nomination process, or what Board membership means please contact Elena Katrakis at Carers NSW on **02 9280 4744**, or Laraine Toms **0433 681 158** or write to [contact@carersnsw.asn.au](mailto:contact@carersnsw.asn.au) and an information pack will be sent to you.

Laraine Toms  
President

## NSW Ministerial Advisory Council

People with knowledge and experience relating to carers were invited to apply for membership of the NSW Carers Advisory Council. Up to 12 members will be appointed, and members will normally serve for three years. The NSW Government is establishing the NSW Carers Advisory Council under the NSW Carers (Recognition) Act 2010, to advance the interests of carers and to review and make recommendations to the Minister on legislation, policy or other matters having a significant impact on carers.

Members will be selected to ensure that the diverse needs and interests of carers are represented including (but not limited to) Aboriginal carers, carers from culturally and linguistically diverse backgrounds, people caring for a family member with a physical or intellectual disability, young carers, ageing carers, carers of people with mental illness, carers of people with a chronic illness and carers from both metropolitan and rural and remote areas.