



Connecting Carers to IT

Are you a carer with limited or no computer skills? Would you like to learn?

Carers NSW will be running workshops to cover the skills needed to access the internet and to use email, so that carers can access information relevant to their caring role.

The workshop is free. There are no pre-requisites and you don't need to have a computer to apply.

Carers NSW has an IT van and we will bring this service to you. The program will run from November 2011 to June 2012 with exact dates and locations to be confirmed.

There will be 8-10 participants per workshop and topics will include:

- Using basic computer equipment
- Introduction to the Internet
- Using the Internet effectively
- Setting up an email account
- Email communication

Carers NSW is exploring opportunities with computer suppliers for reduced rates for workshop participants that may want to purchase a computer. Participants will also have access to the Carers NSW IT Support Team if they encounter difficulties using their computer for up to three months following the workshop.

SO GET CONNECTED AND CONTACT US NOW at itoutreach@carersnsw.asn.au

OR speak to Warwick or Jamie on 9280 4744.